

CALGARY 55 PLUS GAMES ASSOCIATION NEWSLETTER



Quarterly Newsletter Summer 2025 edition

Contents:

Presidents Message	02
Getting to Know Your VIPs	03/04
Medal Winners	05/12
Super Membership	14
Important Information	15



Why Join?

- Meet other 55 plus members and boost your self-esteem and well-being
- Continue your hobbies and passions
- Qualify for Alberta 55 plus Provincial Games
- Volunteer opportunities within Calgary 55 Plus
- Sport and liability insurance for events

About us:

The Calgary 55 plus Games Association is a vibrant community for Calgarians aged 55 and older, offering opportunities to play, compete, and stay active through a variety of sports, games, and activities. There is something for everyone, come and socialize!

Get in on the action for just \$40! Your membership gives you access to a wide range of fun, engaging activities designed to bring people together—with lunch or snacks included. Plus, you'll have the opportunity to showcase your talents and compete with some of the best from across Alberta!



Phone: 825-747-5501 **Email:** cal55plusmembership@gmail.com

Website: www.calgary55plus.ca

Letter from the **PRESIDENT**

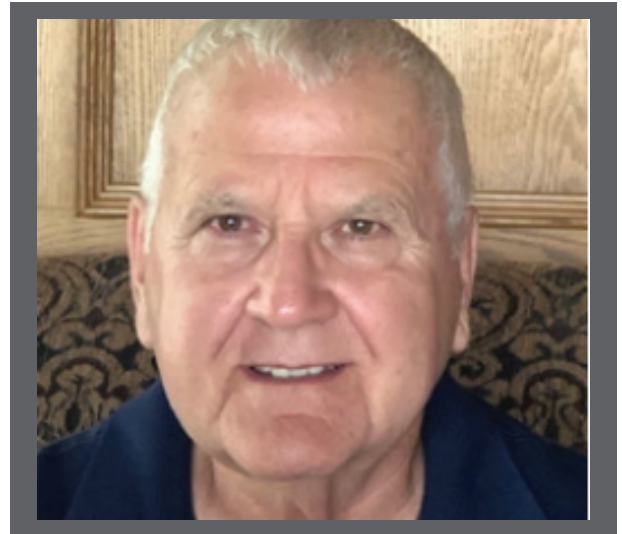
2025 HAS BEEN THE START OF AN EXCITING AND BUSY YEAR!

As I relayed in my past communication, the Alberta55plus Board changed our games format last fall. Leduc was chosen to host the 2025 Summer Provincial games and agreed to expand their offering to include the new format.

We all owe a great deal of thanks to the Leduc organizing committee for taking this on with short notice. I am very excited to see the program that they have set out and know this will be one of the best games ever.

Calgary held our AGM on March 26, 2025. I was elected once again as your President. Thank you for your continued support. You also elected 3 returning Directors; Laura Lee Goetjen, Rene Thibault, Gertie Collins, and Don Jorgensen as Treasurer. This is great, but we need more new Directors. We need more directors as nobody came forward after repeated requests to join the Board and help.

Dan Guglielmin is stepping down as Activity Director after the Leduc games. This position is one of the most important roles on our Board so we will be looking for help when our winter activities start back up in the fall. **I encourage you to think about playing a more active role in Calgary 55plus.** We owe a great thank you to Dan for all the contributions he has made to our organization. Both Dan and Donna are responsible for assuring our continued success and we wish them well.



Call me if you would like to discuss working with us. We are a great organization doing great things for seniors in Calgary. Once again, I encourage members to consider being part of the Super Membership group. There are now 14 Community members offering various activities year-round that you can participate in. In closing, have a great summer and I look forward to seeing many of you in Leduc and again once our fall schedule begins.

DON EVERETT

ANNA JARMICS-JARVIS

My name is Anna Jarmics-Jarvis, a lifetime member of 55 plus. I was born in Hungary in 1934. I left in 1956 after the revolution and settled in England with my husband. We had three children and moved to Canada in 1968 where we had our fourth child. I lived in Ontario until 1998 then I moved to Calgary. I am a dart player and an artist. A lot of people ask me about what happened, how I lost my hands. In 1945, during WW2, I lost both of my hands when a grenade exploded as I fell. The grenade was thrown into our yard, where I was playing with my siblings. I picked it up and tried to throw it, but I tripped and as the grenade fell, it exploded. I lost most of my hands. and ended up in the hospital where they amputated both hands, but my actions saved my siblings. I have four beautiful children, seven grandkids and seven great-grandkids.

I visit my family often, even though we're spread out. Family means everything to me, and I still have loved ones in Hungary I hope to see. My grandkids started a "Walk to Budapest" fundraiser and a GoFundMe to help me visit them one more time.

I joined 55Plus in 1998 after moving to Calgary and getting involved with the local Legion. I started with darts—and turned out to be quite good! Over the years, I've tried many sports, made great friends, and won several regional, provincial, and Canada Games awards. These days, I mostly play card games like cribbage but still enjoy trying new things.



Get to know our VIP
Members

DAN GUGLIELMIN

I am originally from British Columbia and came to Calgary in 1959 to attend SAIT, then spent 42 years in the oil and gas industry until retiring in 2002.

Donna and I have just celebrated our 62nd anniversary. We have 2 children and 5 grandchildren all living in Calgary. I have been an active member of Calgary 55 plus since 2005 and now have a life membership in Alberta 55 plus. Donna and I have participated in many activities locally such as Bocce, Floor Shuffleboard and Ice Curling and competed in Provincials and have advanced to the nationals several times.

I have been on the Calgary Board of Directors since 2008 in various capacities including coordinator for golf, bocce and floor shuffleboard. I served as President for 4 years and Activity Director for 10 years. As President of Calgary 55 plus I represented Calgary on the Provincial Alberta 55 plus board and served one year as Vice President South. I have enjoyed my various positions on the Calgary 55 plus Board and have made many new friendships with both Calgary and provincial members.



We want to say a heartfelt thank you to Dan. His departure is a tremendous loss for us, and words can't fully express our gratitude for the time, dedication, and effort he gave to this organization.



Cribbage:

• 55+ Singles:

Gold – Ed McLeod

Silver – Brenda Smith

Bronze – Glen Zimmer

• 70+ Singles:

Gold – Laine Simpson

Silver – Anna Jarmics

Bronze – Maggie Renta

• 55+ Doubles:

Gold – Val McGeachie,
Analda Hamelin

Silver – Anna Jarmics,
Maggie Renta

Bronze – barb Shalvey,
Brenda Smith



2025 ZONE MEDAL WINNERS

JANUARY - JUNE

Snooker:

• 55+ :

Gold – Darcy Fulton

Silver – Harry Eduger

Bronze – Rodney Yim

• 70+:

Gold – Bill Cormylo

Silver – Bill Gunning

Bronze – Art Stotz



2025 zone winners continued...

Contract Bridge:

- **55+:**

Bronze – Willie Jurcevic,
Deanie Petrunia



Pickleball:

- **Women 3.0–3.5 70+:**

Gold – Chryl Young,
Patricia Irvine

- **Women 3.5 55+:**

Gold – Maria Shaw, Cheryl
King

- **Women 4.0 55+:**

Gold – Dianne Benoit-Hill,
Tamara Wallace

- **60+:**

Gold – Sherry Richardson,
Cynthia Kassian

- **Men 3.5 70+:**

Gold – Art Duke, Joh Fahie

- **Men 3.5**

Gold – Dianne Benoit-Hill,
Tamara Wallace

2025 zone winners continued...

Tennis:

- **55+ Men:**

Gold – Francois Gagnon, Richard Martin

- **65+ Mixed:**

Gold – Bob Horvath, Gail Horvath

- **75+ Women:**

Gold – Dee Clark, Marilyn Crombie

- **75+ Men:**

Gold – Richard Martin, Mitch Wise

- **75+ Mixed:**

Gold – Richard Martin, Mary Valentich

Bocce:

- **70+ Men:**

Gold –

Noli Ferreras, Remy Hepolito

Alan Roberta, Aura Felipe



Euchre:

- **55+:**

Gold – Sheila Precoor, Kathy Saunders

Silver – Joe Elder, Linda Elder

Bronze – Gertie Collins, Glen Zimmer

Scrabble:

- **"A" Rating:**

Gold – Sue Brigliadory

- **"C" Rating:**

Gold – Rita Donstad

2025 zone winners continued...

Badminton:

- **55+ Women:**

Gold – Wendy Wong, Kim Loo

- **55+ Men:**

Gold – Alban Carvalho, Andry Chien

Silver – Chris Ballard, Darren Hunter

Bronze – Eric Wong, Will Yeung

- **60+ Women:**

Gold – Hong Zhang, Amy Liu

- **60+ Men:**

Gold – Jim Wong, Andry Chien

Silver – Chris Ballard, Brian Kallweit

Bronze – Chris Chung, Herman Chow

- **65+ Men:**

Gold – Dale Martin, Ted Spearing

Silver – Bolek Babiarz, Jian Zhang

Bronze – Lorne Cowan, George Worth

- **55+ Mixed:**

Gold – Eric Wong, Weny Wong

Silver – John Zhao, Hong Zhang

Bronze – Barry Moore, Veronica Dixon

- **60+ Mixed:**

Gold – Kim Loo, Kai Loo

Silver – Kevin Ru, Amy Liu

Bronze – Dale Martin, Patty Martin

2025 zone winners continued...

CORNHOLE

- **55+ Doubles:**

Gold - Dean Saulter, Wayne Hammett

Silver - Roger Davies, Lana Neilson

Bronze - Brenda Smith, Sheila Precoor

- **70+ Doubles:**

Gold - Wayne Kube, Wayne Larouche

Silver - Heather Bomack, Cecil Cowie

Bronze - Richard Starchuk, Keith Martyniuk

FLOOR SHUFFLEBOARD

- **55+ :**

Gold - Glen Zimmer, Sheila Precoor

Silver - Dee Bremmer, Anita McGarth

- **70+ :**

Gold - Dave York, Andy Pearce

Silver - Peter Van Es, Betty Kruhlak

Bronze - Gloria Spielman, Wayne Nelson

DARTS



- **55+ Women :**

Gold - Janeen Wetzstein

- **65+ Women :**

Gold - Dianne Pelland

Silver - Jan Hunter-Everett

- **65+ Men :**

Gold - Bobby Clarke

Silver - George Worth

Bronze - Steve Jarmics

- **75+ Men :**

Gold - Don Everett

Silver - Don Furness

MILITARY WHIST

- **55+ :**

Gold -

Barbara Shelvey, Gertie Collins
Analda Hamelin, Brenda Smith

Silver -

Beryl DeLorme, Jack DeLorme
Glen Zimmer, Sheila Precoor

Bronze -

Anit McGarth, Dee Bremmer
Joanne Stewart, Lynn Robinson

SWIMMING

2025 WINNERS

Women

- **60-64**

Jennifer Enta

– 4 Gold (50 Backstroke, 50 Freestyle, 50 Butterfly, 100 Individual Medley)

Lisa Krause

– 1 Gold (50 Backstroke)
– 1 Silver (50 Freestyle)

- **65 - 69**

Andrea Gammack

– 4 Gold (50 Backstroke, 50 Breaststroke, 50 Freestyle, 100 Individual Medley)

- **80 - 84**

Marilyn Shaw

– 4 Gold (100 Freestyle, 100 Breaststroke, 50 Breaststroke, 50 Freestyle)

- **85-89**

Pat Hlady

– 1 Gold (50 Freestyle)

Men

- **55-59**

Francois Gagnon

– 3 Gold (50 Backstroke, 50 Breaststroke, 50 Freestyle)

- **60-64**

Chet Chan

– 4 Gold (100 Freestyle, 11 Breaststroke, 50 Freestyle, 50 Breaststroke)

- **65 - 69**

Mark Hlady

– 1 Gold (50 Freestyle)

- **70-74**

Tim Cornish

– 3 Gold (50 Backstroke, 50 Freestyle, 100 Freestyle)

**These nine swimmers will
be going to Leduc for the
2025 Alberta Summer Games!**

TRACK & FIELD

2025 WINNERS

Women

- **55+ Women:**
2 Gold – Pamela Seraphine
Gold – Lorna Elder
3 Gold – Tamara Wallace
3 Gold – Maria Shaw
- **60+ Women:**
2 Gold/ 1 Silver – Lynda Turner
3 Gold – Donna Dixon
1 Gold/ 1 Silver – Margaret Harris
- **65+ Women:**
2 Gold – Kate Granson
1 Gold – Laura Lee Goetjen
3 Gold – Susan Lauridsen
3 Silver – Karen Bynoe
- **70+ Women:**
2 Gold – Laine Simpson
4 Gold – Anne Livest-Husak

Men

- **55+ Men:**
2 Gold – Shawn Fostvelt
2 Silver – Ric Resch
- **60+ Men:**
1 Gold – Paul McNeil
2 Gold – Ted Wong
- **65+ Men:**
1 Gold – Randy Molitor
2 Gold – Ed Buckley
1 Silver – Lorne Daly
- **70+ Men:**
2 Gold – Brian Boese
3 Gold – Rob McKinnon
4 Gold – Mario Festival
1 Gold – Al Vessey
- **75+ Men:**
3 Gold – Joe Elder
2 Gold/ 1 Silver – Merv Husak
- **80+ Men:**
2 Gold – Denny Simon

GOLF

2025 WINNERS

- **70+ Women Calloway :**

Gold – Wendy Park

Silver – Deanie Petrunia

Bronze – Kiyoko Miyanishi

- **55+ Men Calloway :**

Gold – Chris Ballard

Silver – Gus Carlson

Bronze – Ken Hiebert

- **70+ Men Calloway :**

Gold – Harold Hill

Silver – John Schmidt

Bronze – Ross Laurie

- **60+ Women Low Net :**

Gold – Teena Prevost

- **65+ Women Low Net :**

Gold – Deloraine Vanjoff

Silver – Sharon Evens

- **70+ Women Low Net :**

Gold – Dianne Payne

Silver – Sharon Evens

- **75+ Women Low Net :**

Gold – Joanne Stewart

- **55+ Men Low Net :**

Gold – Mustafa Erzincanli

- **65+ Men Low Net :**

Gold – Dale Nartin

- **70+ Men Low Net :**

Gold – Alex Fleming

- **80+ Men Low Net :**

Gold – Garth Border

- **60+ Women Low Gross :**

Gold – Denise Tesan

- **65+ Women Low Gross :**

Gold – Lynn Robinson

- **75+ Women Low Gross :**

Gold – Maureen Belway

- **80+ Women Low Gross :**

Gold – Lorraine Hanchar

- **65+ Men Low Gross :**

Gold – Rick Mazurkewich

- **70+ Men Low Gross :**

Gold – Mike Geneau

- **75+ Men Low Gross :**

Gold – Gerry Olynyk

- **80+ Men Low Gross :**

Gold – Conrad DeLorme

Silver – Alex Fleming

- **85+ Men Low Gross :**

Gold – Larry Craig

Silver – Ernie Hanchar



AGM:

THANK YOU TO EVERYONE WHO ATTENDED OUR ANNUAL GENERAL MEETING THIS YEAR. YOUR PARTICIPATION AND FEEDBACK ARE TRULY VALUED AND PLAY AN IMPORTANT ROLE IN SHAPING OUR FUTURE. WE APPRECIATE YOUR CONTINUED SUPPORT AND ENGAGEMENT WITH OUR ORGANIZATION.

THANK YOU TO OUR AMAZING VOLUNTEERS!

We want to extend our heartfelt thanks to the dedicated volunteers who came out to support us at our recent casino event. Your time, energy, and commitment made all the difference — we truly couldn't have done it without you. Your support helps us continue the work we do, and we are so grateful to have you on our team.

LOOKING FOR VOLUNTEERS!

Whether it's lending a hand at events or stepping into a leadership role on our board, we're looking for passionate people like you. Join us and be part of the change — together, we can make a real difference in our team!

ACTIVITY COORDINATOR

(approximately 20 hours per event)

- Works closely with appropriate Activity Director—Summer or Winter.
- Receive calls from interested members when activities are advertised.
- Obtains the set of rules from the appropriate Activity Director



2025 PROVINCIAL GAMES:

The 2025 Alberta 55+ provincial summer games represent the heart of mature, athletic Albertans. Leduc is hosting the 2025 Alberta 55+ Provincial Summer Games August 21-24, 2025. The events will be held in a variety of venues within Leduc.

Calgary 55 plus Games and the....

Super Membership

Over 700 Super Members in 2025

What is the Super Membership?


Super Membership is a new initiative aimed at connecting Calgary's 50+ community by providing access to a network of clubs offering a variety of social, recreational, and educational opportunities. It's a one-stop platform that links all of Calgary's 50+ clubs, making it easier than ever to discover the incredible resources, services, and activities available to seniors.

For just \$15 above your Centre's regular membership fee, you can become an exclusive Super Member and enjoy a wide range of benefits across Calgary's Seniors' Activity Centres. Super Members gain access to various clubs across the city, including:

Bow Cliff Seniors, Bowness Seniors, Confederation Park 55+ Activity Centre, Good Companions 50 Plus, Greater Forest Lawn 55+ Society, Kensington Legion, Ogden 50+ Activity Centre, Parkdale Nifty 50's Seniors Association, Rainbow Elders Society, Calgary Seniors Acting Lab Society, SW 55+ Connect Society, Unison at Kerby Centre, West Hillhurst Go Getters.

How to join?

Becoming a Super Member is easy! Simply pay \$15 on top of your regular membership fee, and you'll instantly gain access to all the participating clubs and their offerings. Contact us for your membership – or for more information!

 www.supermembership.ca



Newsletters Update

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**We've Gone
Paperless!**

As you may have noticed, our organization has transitioned to sending the newsletter via email!

This change gives us the flexibility to include more information and potentially send out additional newsletters throughout the year.

If you would prefer to receive a paper copy, please don't hesitate to reach out, and we'd be happy to mail one to you!