



Quarterly Newsletter

Spring 2024 Edition



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www.calgary55plus.com



Message From the President



Greetings Calgary 55 plus members,

I'm pleased to report that Calgary 55 plus had a very successful year in 2023. Our 2023 membership grew to well over 700, continuing to make Calgary the largest Zone in Alberta. Thank you, Calgary 55 plus Directors, Activity Coordinators, Volunteers, and most of all Members, for your help and continued support. The Alberta 55 plus Summer Games were held this past August at Brooks and were a great success. Feedback from you has been wonderful.

Unfortunately, Alberta 55 plus was unsuccessful in securing a host community for the current Winter Provincial Games. To ensure that they were staged, it was decided to split the events amongst the 8 Provincial Zones. Calgary was awarded hockey and alpine skiing, both of which took place early in 2023, primarily due to facility availability. Over 600 participants competed in the hockey tournament, and we extend a big thank you to Laura Lee Goetjen and Harvey Poon for their hard work in organizing a first-class event. Alpine Skiing, held at Nakiska, attracted skiers from all over Alberta, contributing to another successful event, thanks to Marg Smith and her team. The remaining Winter Games are now underway in various Alberta Zones with many Calgary members competing. All designated games serve as qualifiers for the Canada Games in Quebec City in August 2024. Unfortunately, Alberta 55 plus faces a similar challenge in securing a host for the 2024 Winter Games. However, rest assured these events will proceed. Winter Games pose unique challenges in staging, as securing adequate facilities proves difficult with leagues securing the majority of ice and/or space for their activities. Additionally, most rural communities are unable to meet the needs of a large Provincial event. I will provide further updates as information becomes available. Meanwhile, the Calgary 55 plus games and qualifiers will continue as scheduled.

The 2025 Summer Provincial Games are scheduled for Leduc in 2025 and I'm confident they will be very successful. Their committee is working very hard to provide us with another fun, competitive, and first-class event. Details are available on the website.

We are exploring additional ways to enhance our Zone 3 offerings and we value your input! Please feel free to share your thoughts on what you'd like to see.

Lastly, we are in desperate need of volunteers to help stage activities or serve on our Board. If you are able, please reach out and let us know.



Don Everett
President, Calgary 55 plus



Call for Volunteers

Calgary 55 plus needs your help!

Our organization depends heavily on the commitment of volunteers to serve on our Board of Directors. Without their invaluable contributions, our operations would be unsustainable. Here is an overview of the various duties within each role, each requiring a dedicated commitment of at least two years.

If you are interested, please reach out to Don Everett at president@calgary55plus.ca

PAST PRESIDENT

(approximately 4 hours per month)

1. Chairs Nominating Committee.
2. Conducts the Election of Officers.
3. Aids in the nominating process for Alberta 55 plus awards.

PRESIDENT

(approximately 30 hours per month)

1. Prepares the agenda for all meetings.
2. Provides leadership to the Calgary 55 plus Committees.
3. Attends all Alberta 55 plus Board Meetings.

VICE-PRESIDENT

(approximately 10 hours per month)

1. Assumes the President's duties in his/her absence.
2. Organizes bussing required for Provincial Games.
3. Coordinates the Annual General Meeting.

TREASURER

(approximately 15 hours per month)

1. Maintains current and accurate records of all financial affairs.
2. Responsible for the payment of all invoices.
3. Submits a completed annual return to Corporate Registry.

ACTIVITY DIRECTOR – SUMMER GAMES

(Approximately 30 hours per month)

1. Works with the Activity Director – Winter Games to coordinate the calendar.
2. Recruits and manages Activity Coordinators for Summer Games.
3. Keeps the 'Rules of the Games' binder up to date.

ACTIVITY DIRECTOR – WINTER GAMES

(Approximately 30 hours per month)

1. Recruits Activity Coordinators for all Winter activities.
2. Works closely with Activity Coordinators and helps host workshops.
3. Ensures Activity Coordinators understand the rules of their activity.

ACTIVITY COORDINATOR

(approximately 20 hours per event)

1. Works closely with the appropriate Activity Director – Summer or Winter.
2. Receive calls from interested members when activities are advertised.
3. Obtains the set of rules from the appropriate Activity Director.

ZONE REGISTRATION COMMITTEE CHAIR

(approximately 10 hours per month)

1. Assist with distribution of playoff brochures.
2. Assist in recruitment of volunteers for zone registration.
3. Completes playoff results forms.

PUBLICITY DIRECTOR

1. Issues periodic press releases to media (Facebook and/or Website).
2. Organize Annual Volunteer Luncheon.
3. Provides up to date report to all Calgary 55 plus Board meetings.

CASINO CHAIR

(approximately 20 hours per Casino event)

1. Provides direct liaison with Alberta Gaming and Liquor Commission.
2. Organizes casino volunteers and provides casino scheduling.
3. Provides updated list of volunteers and contact info to the Board.

Get To Know Your Directors

ANDREA G.

Andrea proudly embraces her 65 years of life experience, finding joy in staying active and engaged. Married to her wonderful husband David, they've raised two sons together in Calgary, which they call home. A decade ago, Andrea couldn't wait to turn 55 and join Calgary 55 plus, after seeing an ad in the paper. She looked forward to joining a community of like-minded individuals.

Passionate about swimming, Andrea serves as the Swimming Coordinator and is now eager to explore other sports. Having served on the Executive for a year and a half, she remains committed to the organization, finding fulfillment in the vibrant community it fosters.



PETER T.

Peter has shared 58 wonderful years with his wife Marilyn, and together they cherish their two daughters and four grandchildren. Since 1999, Peter has been an avid participant in various sports, including slow pitch, bocce, shuffleboard, lawn bowling, cornhole, tennis, and pickleball.

Over the past 28 years, he has dedicated his time to assisting the Calgary 55 plus Board, with the last two years serving on the Executive. Peter's commitment extends beyond the playing field; he has generously supported both the Summer and Winter Directors with his time and expertise. His enduring loyalty to Calgary 55 plus is fueled by his passion for sports and his enjoyment of collaborative teamwork.





2023 Medal Winners

July - December 2023

DARTS

55 + Men	Gold	David Beattie
	Silver	Jamie Jimenez
55 + Women	Gold	Tammy Lacelle
	Silver	Jan Hunter-Everett
	Bronze	Vicky Clarke
65 + Men	Gold	Bobby Clarke
	Silver	Rick Starchuk
65 + Women	Gold	Dianne Pelland
	Silver	Sheila Babineau
	Bronze	Dianne Bradley
75 + Men	Gold	Gary Christison
	Silver	Don Everett
	Bronze	Don Furuness
75 + Women	Gold	Margrit Owen
	Silver	Anna Jarvis

POOL SNOOKER

55 + Men	Gold	Chit Maung
	Silver	Gordon Sloan
	Bronze	Rodney Yim
70 + Men	Gold	Bill Cormylo
	Silver	George Lacoursiere
	Bronze	Art Stotz

POOL 8 BALL

65 + Women	Gold	Patricia Tuckey
55 + Men	Gold	Ken Bestplug
	Silver	Howard Northcott
	Bronze	Cecil Cowie
65 + Men	Gold	Mike Smith
	Silver	John Culhane
	Bronze	Maurice Lakness
75 + Men	Gold	Stewart Leslie
	Silver	Stefan Yaremkowycz
	Bronze	Walter Machny

EUCHRE

55 + Men	Gold	Kathy Saunders
		Wayne Hammett
	Silver	Gertie Collinds
		Jean Moskeluk
	Bronze	Maureen Smith
		Kelly Hamilton

DUPLICATE BRIDGE

55 + Men	Gold	Gordon Lee
		Arthur Lee
	Silver	Deanie Petrunia
		Willy Jurcevic
	Bronze	Ken Havard
		Marg Stuart



2023 Medal Winners

July - December 2023

BOWLING

55 + Women	Gold	Jade Nguyen
	Silver	Tamara Wallace
	Bronze	Teena Prevost
55 + Men	Gold	Darcy Van Aalst
65 + Women	Gold	Peggy Planthan
	Silver	Christine Bobenic
	Bronze	Deanie Petrunia
65 + Men	Gold	Willie Jurcevic
	Silver	Chris Hylton
75 + Women	Gold	Gloria Spielman
	Silver	Maureen Belway
75 + Men	Gold	Frank Murphy
	Silver	Wayne Nelson
	Bronze	Allan Vandersteen
85 + Men	Gold	Ernie Hanchar
	Silver	Larry Craig
	Bronze	Jack Delorme
55 + Team	Gold	Linda Megenbir Monica Kipp Bill Hassett Marc Dion Gerry Dattillio
55 + Team	Gold	Art Loewen Gloria Becker Aurora Felipe Rene Hipolito Rick Starchuk
75 + Team	Gold	Bill Schwalm Carmelita Monroy Manny Lumapas Rebecca Lodhar David Lodhar



2024 Alberta 55 plus Invitational Alpine Ski Race - Doug Kyle Memorial

Sponsored by the Calgary 55 plus Game Association

This event took place at Nakiska Ski Hill on February 6th and 7th, 2024. Coached by Scott Zahn and Claudio Berto of the Masters Ski Club of Alberta, the event attracted a total of 30 racers, comprised of 21 recreational and 9 masters participants. Among them, seven were women, including one competing as a master skier. It's worth noting that many of the recreational skiers are esteemed members of the senior Alpine Ski Club. Congratulations to all the medal winners for their remarkable performances!

Additionally, I'd like to acknowledge the two oldest participants, Paul, and Larry, aged 89, and Jack, aged 87. Also, a special mention to the extraordinary women aged 80+, Bertha Ann and Gail. Their achievements are truly inspiring!

A heartfelt thank you goes out to Rennie McDonald for generously volunteering for this event.

In terms of medal distribution, recreational medalists were recognized across various age categories, including Men/Women: 85+, 80+, 75+, 70+, 65+, and 55+.

Regarding timing, due to technical issues with the timers, the times were recorded from the 2nd run, and unfortunately, not all runs were timed. We greatly appreciate everyone's patience during the delays and reruns. Fortunately, the weather conditions were ideal with sunny skies, no wind, and a temperature of 0 degrees Celsius.

Why Is It Called the Doug Kyle Memorial?

Doug Kyle, a distinguished athlete, represented Canada in four Olympic Games in Track and Field. Despite not being a ski racer, he played a pivotal role as a Director of the Calgary 55 plus Games Association, instrumental in initiating the first Invitational Alberta Ski Race for Alberta 55 plus. He consistently supported and contributed to making this event an annual success since its inception. Additionally, he personally designed and procured the new ski medal, with hopes of presenting them at this year's race.

Tragically, Doug Kyle passed away suddenly in a motor vehicle accident at the age of 91 last summer. This race was held to honor his extensive years of support and contributions to this sport.

Respectfully submitted,

Margaret Smith

Calgary 55 plus Alpine Ski Race Event Coordinator



2024 Alberta 55 plus Invitational Alpine Ski Race - Doug Kyle Memorial

Men 85+	Gold	Paul Quan	64.3
	Silver	Jack Whittle	74.4
	Bronze	Larry Creighton	79.3
Men 80 +	Gold	Denny Simon	55.8
Women 80 +	Gold	Bertha Ann Fisher	71.3
	Silver	Gail Ennis	75.8
Men 75 +	Gold	Harold Jones	59.5
	Silver	Terry Wyman	60.1
	Bronze	Hal Anderson	62.4
Men 70 +	Gold	Peter Shabada	61.23
Women 70 +	Gold	Margaret Smith	64.9
	Silver	Kimberly Daniels	76.7
Men 65+	Gold	Brad Park	51.5
	Silver	Don Gregory	60.9
	Bronze	Mike Geneau	63.6
Women 65 +	Gold	Marcia Maluta	66.04
	Silver	Susan Chomistek	69.3
Masters / Women 55 +	Gold	Lucie Fillion	58.89
Masters / Men 55 +	Gold	Tom Ostrem	48.91
	Silver	Bill Shores	52.77
	Bronze	Tom Auston	56.05
Masters / Men 70 +	Gold	Bill Sule	46.66



Alberta 55 plus Provincial Winter Games Medalists to Date

Ice Curling

55+ Women	Gold	Michelle Ewanchuk
		Marg Matthews
		Barb McDonald
		Linea Wheatley
65+ Women	Silver	Bonnie Morris
		Jill Ukrainec
		Donna George
		Zoria Rutherford
70+ Women	Gold	Anne Alder
		Sheila Frank
		Wendy Carson
		Christie Murphy
70+ Men		Jim Strain
		Phil Rutherford
		Paul Wagner
		Peter Allen
75+ Open		Lorne Danielson
		Dale Harrington
		Rick Makowichuk
		Bruce Sherley

Badminton

65+ Women	Grace Yuen
	Hong Zhang
55 + Men	John Zhao
	Alban Carvalho
60+ Men	Chris Ballard
	Dale Martin
65+ Men	Jian Zhang
	Bolek Babiarz
65+ Mixed	Grace Yuen
	Jian Zhang

Members In Action!



Women's Medals (L to R): Gail E., Bertha Ann F., Luci F., Kimberiy D., Margaret S., Susan C., Marcia M.



Men's Alpine Skiing Winners



Margaret S. & Harold J.



Coach Claudio B. & Margaret S.



30 Year Pin (L to R): John S., Dave P., Ralph C.



Heavy Duty Pool!



Very intense player!



Zone 3 Participants at the Provincial Badminton Playoffs



Anna J. 25 Year Award

Everyone 18+ is welcome!

SUPER MEMBERSHIP

Become a Member* of Multiple Centres!

PARTICIPATING ACTIVITY CENTRES:

- Bow Cliff Seniors
- Bowness Seniors
- Calgary 55 plus Games Assn
- Confederation Park 55+
- Good Companions
- Greater Forest Lawn 55+
- Ogden 50+
- Parkdale Nifty Fifties
- Rainbow Elders
- SW 55+ Connect
- Unison at Kerby Centre
- West Hillhurst Go-Getters

WITH MORE CENTRES JOINING SOON!

- 
- Free and discounted activities
 - Join clubs & attend classes
 - Special events & trips
 - Speaker Series, Presentations
 - Member-only Professional Services

*Members have voting rights at their home centre AGM. A Full member is age dependent based on mandates of their home centre, usually 50+ or 55+ years old. Those under that age are Associate Members.

**UPGRADE YOUR MEMBERSHIP TO
BECOME A SUPER MEMBER FOR**

ONLY \$15
AN ADDITIONAL



Over the Rainbow

We fondly remember our valued members who passed in 2024 and send our condolences to their families.

Norm Thomas

Sadly, Norm Thomas passed away on February 10, 2024. Norm was a longstanding member of Calgary 55 plus and the Calgary Senior Slo-pitch League, dedicating over 30 years to both organizations.

During his tenure with Calgary 55 plus, Norm held various positions on our Board, notably serving as the Activity Coordinator for Crib and Shuffleboard. At the time of his passing, he was overseeing the Medals Program.

Additionally, Norm's remarkable philanthropic spirit was exemplified by his recent recognition in Ottawa for donating over 500 blood donations.

A celebration of life in honor of Norm was held on February 26, 2024 at 10:00 a.m. at the Thorncliffe Greenview Community Association. We extend our deepest condolences to Norm's family and friends. He will be dearly missed by all who knew him.

