



# Quarterly Newsletter

Fall 2023 Edition



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[www.calgary55plus.com](http://www.calgary55plus.com)



# Message From the President



Dear Members,

I hope this message finds you well. I wanted to take a moment to reflect on the incredible summer we've had, despite the smoke! Calgary 55 plus successfully organized a series of summer activities, culminating in our participation in the Brooks Provincial Summer Games. I am delighted to share that nearly 100 participants from Calgary were present, and their outstanding efforts resulted in numerous medals. The event was a testament to the dedication of our members, and I commend the organizers and volunteers for their exceptional work. The feedback we received from many of you highlighted the outstanding organization of all the events, making the weekend truly memorable.

A standout moment was the Saturday banquet, which was attended by over 900 people. The dance floor remained alive with energy, as attendees danced nonstop to the tunes of the Beatles from 8 pm until midnight! It was a night filled with camaraderie and joy, showcasing the spirit of our community.

Considering the challenges brought about by Covid, the organizers were unable to assign the Winter Games to a host community this year. Consequently, Alberta 55 plus made the decision to distribute qualifiers among the 8 Provincial Zones. Calgary was honored to host hockey and alpine skiing earlier in the year. For details on the remaining Provincial events, please visit [Alberta55plus.ca](http://Alberta55plus.ca). Additionally, the qualifying events for Calgary 55 plus can be found on our website and in this newsletter. Looking ahead, the Canada Games are scheduled to take place in Québec City in August 2024.

I'd like to inform you about a change in our Newsletter format. Due to rising costs, we will be mailing members only the Winter and Summer editions moving forward. However, all four seasonal editions will be published and readily available on our website. We appreciate your understanding and support as we make this transition.

Lastly, it is with a heavy heart that I share some sad news. Doug Kyle, our esteemed past President, passed away in late August. Doug played a pivotal role in the establishment of Calgary 55 plus and contributed significantly to our growth. Many of you may have seen the announcements on local news channels. Alongside his wife Carol, Doug initiated the Calgary Marathon, an event that now raises over 1 million dollars annually for charity. His legacy will be cherished, and he will be deeply missed. Our heartfelt condolences go out to his family and friends during this difficult time.

I want to express my sincere gratitude for your unwavering support. Your participation in our activities and events truly makes our community vibrant and strong. I look forward to seeing you all in the upcoming activities!

Warm regards,

A handwritten signature in black ink, likely belonging to Don Everett.

**Don Everett**  
President  
Calgary 55 plus



# Call for Volunteers

## Calgary 55 plus needs your help!

We have positions available on our Board of Directors and a need for additional Activity Coordinators.

Hopefully you can see from this newsletter that we are an active and fun group! Come and join us and help make us even better.

**If you are interested, please contact Don Everett:**

**Email:** [president@calgary55plus.ca](mailto:president@calgary55plus.ca)

**Mobile:** 403-852-5402

## Chuckles!

**How did the tree get  
a new job?**

**She had the right  
qua-leaf-ications.**

# Get To Know Your Directors

## FRED L.

I have a CPA, CMA designation but spent much of my working career in Information Technology. About the time I was graduating as a CPA, an opportunity arose in Information Technology. Found this more interesting and worked in Calgary and Denver for the next 25 years. Semi retired in 1993 when I moved back to Canada. Hired on with Revenue Canada as an auditor until the year 2000.

I'm married, my wife Mitzie and I will celebrate our 68th anniversary in October 2023, we have one daughter, three grandsons, one granddaughter, one great granddaughter. The dogs belong to my granddaughter.

Have volunteered since retirement in March 2021. Previously volunteered with the Calgary Police Service, Woodcreek Community Association, (member of the committee that built the present community hall in 2009), Calgary Senior Men's Slo-pitch, (held the secretary, treasurer and communications positions). Developed their first website and installed their present website and registration systems)

Played slo-pitch, curling, bowling and hockey, retired from all.

I've been on the executive for 2 1/2 years.

I've been treasurer and on publicity(communications).

Treasurer, publicity (communications).

The reason I stay. I like to keep busy.



# Get To Know Your Directors

## VAL M.

Val is a dedicated sports enthusiast whose journey with the Calgary Pickleball Club began when she served on its Board and was entrusted with coordinating pickleball for the prestigious Provincials hosted in Calgary. Val's extensive background is also rooted in minor hockey, where she actively contributed at the local, provincial, and even national levels. For the past three years, she has served as the Calgary 55 plus Board Secretary and as the Coordinator for both pickleball and lawn bowling for Zone 3.



Despite her busy schedule, Val finds time to indulge in her love for sports. She currently enjoys participating in both golf and lawn bowling. Although she has taken a brief hiatus from pickleball, Val eagerly anticipates rejoining the courts this winter.

Family holds a special place in Val's heart. She is a proud mother of two sons and five grandchildren. Her passion for sports and community engagement, coupled with her wealth of experience in sports management, make her a cherished and invaluable member of our team.



# 2023 Medal Winners

## January - June, 2023

### TENNIS

55+ Women	Gold	Jean L. & Fay H.
55+ Mixed	Gold	Martin L. & Fay H.
60+ Men	Gold	Arthur L. & Gordon L.
60+ Mixed	Gold	Arthur L. & Jean L.
	Silver	Gordon L. & Mary D.
	Bronze	Donna P. & Chris B.
70+ Men	Gold	Jack G. & Jim I.
	Silver	Chris H. & John A.
75+ Women	Gold	Mary V. & Dee Ann C.
75+ Men	Gold	Richard M. & Paul D.
	Silver	Tom M. & Mitch W.
75+ Mixed	Gold	Mary V. & David H.
	Silver	Dee Ann C. & Richard M.

### BOCCE

55+ Open	Gold	Darcy & Cheryl V. A.
		Brian & Lynn K.
	Silver	Wendy T. , Val M.
		David L., Peter T.
70+ Open	Gold	Gloria S., Bill R.,
		Donna & Dan G.
	Silver	Alan R., Aurora F.
		Alan H., Rebecca L.

### TRACK & FIELD

55+ Women	Linda T. 2 Gold, 1 Silver
	Janice P. 3 Golds
	Lynda T. 1 Gold
60+ Women	Donna D. 4 Golds
	Susan G. 3 Gold
	Karen B. 2 Silver
65+ Women	Anne L.-H. 3 Gold, 1 Silver
	Susan L. 4 Gold
70+ Women	Linda E. 1 Gold
85+ Women	Dee Ann C. 1 Gold
60+ Men	Larry K. 3 Gold
	Angus M. 2 Gold
65+ Men	Lorne D. 3 Gold, 1 Silver
	Kelly W. 2 Gold, 2 Silver
	Al V. 2 Gold, 1 Silver, 1 Bronze
	Brian B. 2 Gold, 1 Silver, 1 Bronze
70+ Men	Merv H. 4 Gold
	Murray Y. 3 Gold
75+ Men	Joe E. 2 Gold, 2 Silver
	Alex M. 4 Gold
	Roy T. 1 Gold, 2 Silver
	Garth B. 1 Gold





# 2023 Medal Winners

## January - June, 2023

### PICKLE BALL

55+ Women 3.5	Gold	Andrea S., Joan C.
55+ Men 3.5	Gold	Barry M., James P.
	Silver	Greg H., Dennis K.
	Bronze	Angus M., Brian K.
55+ Mixed 3.5	Gold	Greg H., Raelene T.
	Silver	Milt N., Tamara W.
	Bronze	Jeff G., Andrea S.
60+ Women 3.5	Gold	Sharon D., Susan D.
	Silver	Florence M., Jade N.
60+ Men 3.5	Gold	Wayne K., Richard S.
	Silver	Greg W., Chris L.
60+ Mixed 3.5	Gold	Susan D., Mel L.
	Silver	Jade N., Robert D.
	Bronze	Orville W., Joanne O.
65+ Women 3.5	Gold	Catherine C., Ginny M.
65+ Men 3.5	Gold	Orville W., Ralph R.
	Silver	Brett H., Milt N.
65+ Mixed 3.5	Gold	Barry & ,Ginny M.
	Silver	Florence M., Nick k.
	Bronze	Catherine C., Robert S.
70+ Women 3.5	Gold	Paula S., Bonnie W.
	Silver	Cheryl Y., Patricia I.
70+ Men 3.5	Gold	Robert D., Nick K.
	Silver	Murray Y., Peter T.
70+ Mixed 3.5	Gold	Cheryl Y., Gord M.
	Silver	Aurora F., Alan Alan H.
75+ Men 3.5	Gold	Gord M., Orville W.
75+ Mixed 3.5	Gold	Orville W., Susan T.
60+ Women 4.0	Gold	Ann K., Lucy C.
60+ Men 4.0	Gold	Mel L., Harry G.
6.0 Mixed 4.0	Gold	Lucy C., Harry G.

### GOLF

55+ Women Callaway	Gold	Aurora F.
	Silver	Alison W.
	Bronze	Yvonne M.
55+ Men Callaway	Gold	Harold H.
	Silver	Ken H.
	Bronze	Bill C.
55+ Women Low Net	Gold	Naomi M.
	Silver	Lynn R.
	Bronze	Ann H.
55+ Men Low Net	Gold	John R.
	Silver	Wayne N.
	Bronze	Rory W.
70+ Women Low Gross	Gold	Bonnie K.
75+ Women Low Gross	Gold	Maureen B.
80+ Women Low Gross	Gold	Lorraine H.
65+ Men Low Gross	Gold	Dieter N.
	Silver	Howard N.
	Bronze	Mike G.
70+ Men Low Gross	Gold	Hideo K.
80+ Women Low Gross	Gold	Lorraine H.
80+ Men Low Gross	Gold	Harry M.
	Silver	Alec F.
	Bronze	Dennis H.
85+ Men Low Gross	Gold	Larry C.
	Silver	Ernie H.

# 2023 Alberta Summer Games Medalists

<b>BOCCE</b>	Bill R.	Gold
	Gloria S.	Gold
	Donna G.	Gold
	Dan G.	Gold
<b>CORNHOLE</b>	Rick A.	Gold
	Dean S.	Gold
	Cecil C.	Bronze
	Ron D.	Bronze
<b>CRIBBAGE</b>	Stan L.	Gold
<b>CYCLING</b>	Suzanne E.	2 Silver
	Berth Ann F.	Gold, Silver
<b>GOLF</b>	Bill C.	Bronze
	Dieter N.	Silver
	Larry C.	Silver
	John R.	Bronze
	Brenda L.	Bronze
	Bonnie M.	Gold
	Tamara W.	Silver
<b>HORSESHOES</b>	Emvie A.	Gold
	Phil W.	Silver
	Darlene W.	Gold
<b>MILITARY WHIST</b>	Barbara S.	Gold
	Brenda S.	Gold
	Gertie C.	Gold
	Analda H.	Gold
<b>POOL 8-BALL SWIMMING</b>	Don H.	Silver
	Chris H.	2 Gold, 3 Silver
	Andrea G.	2 Gold, 3 Silver

<b>PICKLEBALL</b>	Barry M.	2 Gold
	Harry G.	Gold, Silver
	Wayne K.	Bronze
	Raj D.	Bronze
	Milt N.	2 Gold
	Brett H.	Gold
	Orville W.	2 Gold
	Gord M.	2 Gold
	Ann K.	Gold, Bronze
	Susan T.	Gold
	Greg H.	Silver
	Andrea S.	Gold, Silver
	Susan D.	Gold, Silver
	Catherine C.	2 Gold
	Cheryl Y.	Gold, Silver
	Brenda B.	Gold
	Kim R.	Gold
	Sharon D.	Silver
	Patricia I.	Silver
<b>TENNIS</b>	Arthur L.	Gold
	Gordon L.	2 Gold
	Richard M.	Gold, Silver
	Paul D.	Gold
	Jean L.	Gold
	David H.	Gold
	Mary V.	2 Gold
	Dee Ann C.	Gold, Silver
<b>TRACK &amp; FIELD</b>	Lorne D.	2 Gold, 2 Silver
	Brian B.	4 Gold
	Murray Y.	Gold, Silver, 2 Bronze
	Merv H.	3 Gold, 2 Silver
	Joe E.	2 Gold, Silver, Bronze
	Roy T.	Bronze
	Linda T.	3 Gold, Silver
	Donna D.	3 Gold, Silver
	Susan G.	3 Silver
	Susanne L.	2 Gold, Silver, Bronze
	Anne L.-H.	Gold, 3 Silver





## CALGARY 55 PLUS ZONE 3 FALL/WINTER GAMES 2023/2024

	AGE		EVENT		REGISTRATION	
<b>Badminton</b>	55+, 60+, 65+, 70+, 75+, 80+, 85+ Men, Women, Mixed	Doubles	Jan. 29	Hillhurst Sunnyside Community Centre 1320 5 Avenue NW	Jan. 22	Grace Yuen 587-586-6587 <a href="mailto:gymyuen@gmail.com">gymyuen@gmail.com</a>
<b>Bowling 5 Pin</b>	55+, 65+, 75+, 85+ Men, Women  55+, 65+, 75+, 85+	Singles  Open Teams of 5	Nov. 20 9:30 am	Chinook Centre	Nov. 13	Rick Starchuk 403-640-0302 <a href="mailto:rstarchuk1@shaw.ca">rstarchuk1@shaw.ca</a>
<b>Darts</b>	55+, 65+, 75+, Men, Women  55+, 65+, 75+	Singles  Mixed Doubles	Oct. 28 9:00 am	Forest Lawn Legion 755 40 Street SE	Oct. 19	David Beattie 403-667-3641 <a href="mailto:strictlybaseball55@gmail.com">strictlybaseball55@gmail.com</a>
<b>Duplicate Bridge</b>	55+	Open Pairs	Dec. 2 10:00 am	Parkdale Nifty 50's 3512 5 Avenue NW	Nov. 25	Tom Wilcock 403-460-8241 <a href="mailto:twilcock@telus.net">twilcock@telus.net</a>
<b>Euchre</b>	55+	Open Pairs	Nov.23 10:00 am	Horton Rd. Legion 9202 Horton Road SW	Nov. 16	Analda Hamelin 403-383-1282 <a href="mailto:anagin12@hotmail.com">anagin12@hotmail.com</a>
<b>Floor Curling</b>	55+, 70+	Open Team of 4	T.B.D.			
<b>Ice Curling</b>	55+,65+,70+, Men 55+, 65+, Women & Mixed	Team of 4  Team of 4	Apr. 6 & 7	Calgary Winter Club 4611 14 Street NW	Mar. 30	Shana Takenaka 403-241-1627 <a href="mailto:sgtakenaka@shaw.ca">sgtakenaka@shaw.ca</a>
<b>Pickleball 3.0</b>	55+,60+,65+,70+,75+ Men,Women, Mixed	Doubles	T.B.D.	T.B.D.		Val McGeachie 403-283-3056 <a href="mailto:val.McGeachie@shaw.ca">val.McGeachie@shaw.ca</a>
<b>Pool 8 Ball</b>	55+,65+,75+ W. and 55+,75+,Men 65+ Men	Singles	Nov.2 10:30 AM  Nov.9 10:30 AM	Chalks Billiards 15110 Banister Road SE Calgary		Mike Smith 403-437-8515 <a href="mailto:mike_Smith55@shaw.ca">mike_Smith55@shaw.ca</a>
<b>Scrabble</b>	55+,Open	Singles A Singles B Singles C	T.D.B.	Thornhill Seniors Cen 5600 Centre Street North		
<b>Snooker</b>	55+ Open 70+ Open	Singles	Nov. 21 10:00 AM Nov. 28 10:00 AM	Thornhill Seniors Cen 5600 Centre Street North	Nov. 14 Nov. 21	Garth Border 403-616-2322 <a href="mailto:borderd@telus.net">borderd@telus.net</a>
<b>Stirling Curling</b>	Men and Women 55+, 70+	Doubles	Mar. 27	Calgary Winter Club 901- 11 Avenue NW	Mar. 20	Ian Ferguson 587-892-1624 <a href="mailto:fergusons1624@gmail.com">fergusons1624@gmail.com</a>
<b>Skiing Alpine</b>			T.B.D.	Nakiska		Margaret Smith 403-875-9085 <a href="mailto:margsmith@hotmail.com">margsmith@hotmail.com</a>
<b>Skiing X-Country</b>			T.B.D.	Nakiska		

# Qualifying Events

## Bowling 5 Pin Provincial Qualifying Event

**When:** November 20, 2023 - 9:30AM

55+, 65+, 75+ 85+  
Men, Women Singles  
55+, 65+, 75+, 85  
Open Teams of 5

*Lunch will be provided*

**Where:** Chinook Centre  
1-6455 MacLeod Trail SW

### Registration

**Rick Starchuk**  
403-640-0302  
rstarchuk1@shaw.ca

Please register as  
soon as possible

**2023 Alberta 55 Plus Members of \$40 IS  
REQUIRED.** To purchase a membership,  
please click: <https://members.alberta55plus.ca/>  
or Call 403-978-3008

## Snooker Provincial Qualifying Event

**When:** November 21, 2023 - 10:00AM  
55+ Open, Singles

November 21, 2023 - 10:00AM  
70+ Open, Singles

*Lunch will be provided*

**Where:** Thornview Senior Centre  
5600 Centre St. N

### Registration

**Garth Border**  
403-616-2322  
borderd@telus.net

**Registration Deadline**  
Nov 14, (55+) Nov 21, (70+)

**2023 Alberta 55 Plus Members of \$40 IS  
REQUIRED.** To purchase a membership,  
please click: <https://members.alberta55plus.ca/>  
or Call 403-978-3008

## Euchre Provincial Qualifying Event

**When:** November 23, 2023 - 10:30 AM  
55+, Open Pairs  
*Lunch will be provided*

**Where:** Horton Road Legion  
9202 Horton Rd. SW

### Registration

**Analda Hamelin**  
403-383-1282  
Anagin12@hotmail.com

**Registration Deadline**  
November 16

**2023 Alberta 55 Plus Members of \$40 IS  
REQUIRED.** To purchase a membership,  
please click: <https://members.alberta55plus.ca/>  
or Call 403-978-3008



# Members In Action!

## Lifetime Membership



Garth B. & Don E.



Jim M. & Don E.

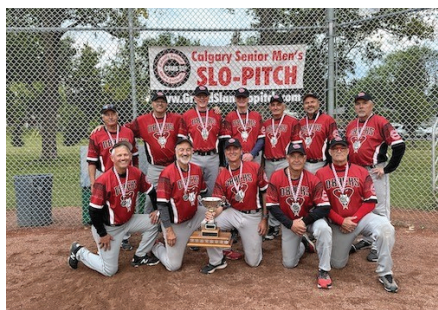


Peter T. & Don E.

## Slo-Pitch



Twins Triple A  
Gold Medal Winners



D Backs Triple A  
Silver Medal Winners



Jay Triple A  
Bronze Medal Winners



Cardinals Double A Gold Medal Winners



Nationals Double A Silver Medal Winners



Mets Double A Bronze Medal Winners



Grizzlies Zone 2 & Zone 3 Brooks  
Summer Games Gold Medal Winners



Tigers A Ball  
Gold Medal Winners



Dodgers A Ball  
Silver Medal Winners



Phillies A Ball  
Bronze Medal Winners



## Pickle Ball



Mary V.



Richard M.

## Bocce



Darcy V., Cheryl V., Brian K., Lynn K.,  
Bocce Gold Medalists

## Cornhole

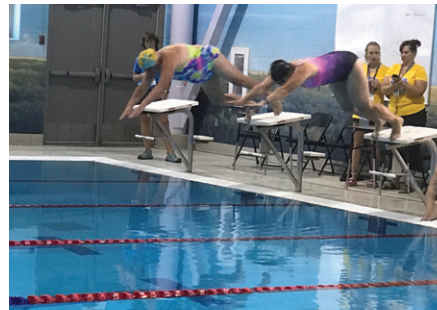


Wayne N.



Val M.

## Swimming



## Military Whist & Miscellaneous



Brenda S., Gertie C., Analda H., Barbara S.,  
Military Whist Gold Medal Winners



Gerry K. & Betty K. Brooks  
Summer Games Banner Carriers



# Over the Rainbow

We fondly remember our valued members who passed in 2023 and send our condolences to their families.

## Douglas Kyle, 1932 – 2023

**On Sunday, August 27, 2023, Douglas Haig Kyle of Calgary, Alberta passed away suddenly at the age of 91.**

Doug was predeceased by his beloved wife, Carol of 63 years. He was a loving husband, father, and grandfather. Doug was driven and always wanted success for his children, his son Robert, an Environmental Engineer and his daughter Suzanna, a retired Parole Officer.



Doug was born in Toronto, Ontario, however his family moved frequently as his father was a Bank Manager. By the time Doug was applying to go to university his family was living in Saskatoon, so Doug chose to go to the University of Saskatchewan, enrolling in Geological Engineering. While at the U of S, Doug started running in track and field.

In 1956, 1957, and 1959 Doug was voted Canada's Outstanding Track Athlete. He was selected for the Canada Olympic Track and Field Team and competed in the 1956 and the 1960 Summer Olympics in Melbourne and Rome. Doug also competed in the 1959 Pan-American Games where he placed second in the 10,000 meters and third in the 5,000 meters.

In 1958 Doug moved to Calgary, and with his wife Carol, started the Calgary Track and Field Club (CALTAF). CALTAF was one of the first Western Canadian Track and Field clubs started after WWII. In 1959 Doug was inducted into the Alberta Sports Hall of Fame. In 1963 Doug co-founded the Calgary Marathon in a successful attempt to host the 1964 Olympic Time Trials in Calgary. He won the first Calgary Marathon. In 1967 Doug was Head Coach of Canada's track team to the Pan American games in Winnipeg, and Head Coach of Canada's Track Team to the 1968 Summer Olympics in Mexico City. In 1969 he was voted the Booster Club Sportsperson of the Year. In 2011 Doug was inducted into the UBC Sports Hall of Fame.

Doug was a successful executive with Gulf Canada Resources of which he retired from in the early 90's. He was a track and field official and trained numerous officials over the years. Doug belonged to the Booster Club of Calgary, the Calgary Stampede Prelude Parade Committee, Rotary Club of Calgary, was a Past President of the Calgary 55 Plus Organization, and a longtime member of St. Peter's Anglican Church.

Doug is lovingly remembered by his daughter Suzanna (Zenon) and son Robert (Janet), his granddaughter Jennifer and grandson's James and Alexander, and sister Lynn Smith. Doug is predeceased by his parents Arnold and Orma, his beloved wife Carol, his granddaughter Joy, and his "guard cat" Meah.