



**Calgary  
55 plus Games  
Association**

# Quarterly Newsletter

December 2022 Edition



David Lodhar, Rebecca Lodhar,  
Bill Alexander, Carmalita Monroy,  
Manny Lumapas



Clay Hodges



Diana Clark, Maureen Smith,  
Vicci O'Brien, Kelly Hamilton

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# Message From the President



Greetings Calgary 55 plus members,

Despite all the doom and gloom in the media, we at Calgary 55 plus have had a great year! Summer weather was fantastic, and we embrace the breaks our Chinooks offer us from the winter cold snaps!

Our AGM in March was well attended. The entertainment provided by the Hub Caps was excellent and the Forest Lawn Legion provided us with another great meal. We will be having our 2023 AGM once again in March. Details will be posted.

A fun day was held in August at the Parkdale Nifty Fifty Seniors Association, with over 70 members attending. We debuted a new activity, Corn Hole (Bean Bag Toss) and members enjoyed trying it out. It looks like it's a keeper! Most of our regular activities were also held during this year, and we were happy to see more great attendance. Stay tuned for news on all the other winter activities coming up.

The Provincial 55 plus Winter Games were held in Edmonton in April. Calgary was well represented, and we came away with many medals. Peace River hosted the Provincial 55 plus Summer Games in August and once again Calgary had many attendees and medalists. The Canada 55 plus Games were also in August in Kamloops and Calgary membership participation was impressive with more medals returning home! 2023 is looking to be an even better year for us; to get back on track with our by-yearly schedule, the Alberta 55 plus games are scheduled for this year. Brooks has been awarded the Summer Games and we're excited to send our members to attend. Due to the short timeline, there were no bidders to hold Winter Games this year. The Provincial Board decided to split out the various activities between the 8 Zones. Calgary bid on and were accepted to hold the Hockey and the Alpine events. Planning is well underway for both activities with over 36 hockey teams from throughout Alberta expected to complete. Finally, the 2024 Canada 55 Plus games have been awarded to Quebec City.

Like most charity organizations, we need members to step up and volunteer to help. There are positions available on our Board along with a need for members to help run activities, so please consider volunteering if you're able.

Lastly, we've had to increase our membership fee from \$30 to \$40 per year. We're sorry to have to do this but with the increased cost of facilities and refreshments we've had no choice. This is our first increase in membership fees in many years and I hope you understand. With over 40 activities offered that include refreshments, we continue to provide good value.

Merry Christmas you and your loved ones and Happy New Year!



**Don Everett**  
President  
Calgary 55 plus



# Call for Volunteers

## Calgary 55 plus needs your help!

We have positions available on our Board of Directors, a need for additional Activity Coordinators, as well as a utility person to work with the Treasurer to help with social media and take photos at events.

Hopefully you can see from this newsletter that we are an active and fun group! Come and join us and help make us even better.

### If you are interested, please contact Don Everett:

**Email:** [Doneverett@outlook.com](mailto:Doneverett@outlook.com)

**Mobile:** 403-852-5402

### Chuckles!

What do you call a  
snowman's temper  
tantrum?

**A meltdown.**



# Get To Know Your Director

## DOUG KYLE

During 2022 Doug reached 90 years of a remarkable life and his athletic endeavors and accomplishments could fill this newsletter!



Doug has been an athlete all his life, representing Canada in four Olympic Games; twice as a Track and Field athlete in Melbourne 1956 and Rome 1960, once as the coach of the Canadian Track and Field team in Mexico 1968, and once as a Track and Field official in Montreal 1976.

His accomplishments include 15 Canadian Open Championships in Track and Field from 5,000 meters to the Marathon; he holds 10 Canadian open records in Track and Field. Doug represented Canada at the 1959 Pan American Games in Chicago and won Silver in the 10,000 meters and Bronze in the 5,000 meters.

Of note, Doug and his wife Carol started the Calgary Track and Field Club (CALTAF), which was the first Track and Field Club in Calgary established after WWII. He was the first to organize a committee to promote an indoor field house for Calgary. Both Doug and his late wife Carol were lifelong supporters of Calgary 55 plus. Doug has served on our board for many years, from President to whatever various roles were required, and he is still an active and important member on our board.

I am certain all our members are thankful that Doug has chosen to be a big part of our association!

## NORM THOMAS

Norm joined Calgary 55 plus in 1992 when he joined the Calgary Senior Slow Pitch League. This is his 30th year with us and we are so lucky he has chosen to be a big part of our support.



He has been a long-term Activity Coordinator for Crib and Shuffleboard, along with helping with many other of our activities. Norm currently looks after our Medals Program. This is no small contribution when you consider the number and variety of medals that we award in over thirty activities.

A long-time pioneer and supporter of Calgary's recycling programs, his condominium association has won the Condo of the Year award. With the Canadian Legion's support, he brought 240 boys and girls to compete in athletics where over 40 were selected to go to the Canadian Nationals.

Volunteering at over 500 blood donor clinics, Norm was chosen as an honored donor in 2015 and was awarded the honor in Ottawa.

We are thankful for Norm's contributions to our association!



# 2022 Summer & Fall Game Medalists!

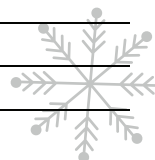


## GOLF

55+ Women Callaway	GOLD	Brenda Lomore
	SILVER	Lorraine Hanchar
	BRONZE	Joanne Stewart
55+ Men Callaway	GOLD	Bill Cormylo
	SILVER	Ken Kalychuk
	BRONZE	Ken Moor
55+ Women Net Handicap	GOLD	Lynn Robinson
	SILVER	Tamara Wallace
	BRONZE	Denise Tesan
55+ Men Net Handicap	GOLD	John Robinson
	SILVER	Ken Hebert
	BRONZE	Mike Geneau
55+ Women Low Gross	GOLD	Heather Kuntz
65+ Women Low Gross	GOLD	Bonnie Morris
	SILVER	Patricia Irvine
	BRONZE	Bonnie Kuntz
55+ Men Low Gross	GOLD	Perry Rombough
65+ Men Low Gross	GOLD	Howard Northcott
	SILVER	Dieter Norgaard
	BRONZE	Hideo Karakama
75+ Men Low Gross	GOLD	Harry McLellan
85+ Men Low Gross	GOLD	Ram Achal
	SILVER	Larry Craig

## CYCLING

10 Km Men 65+	GOLD	David Coldwell
10 Km Women 75+	GOLD	Berth Ann Fisher
20 Km Men 60+	GOLD	Ed Bickley
20 Km Men 60+	SILVER	Ian Hill
20 Km Women 65+	GOLD	Suzanne Eugster
20 Km Men 75+	GOLD	Merv Matson



## CRIBBAGE

55+ Singles	GOLD	Brenda Smith
	SILVER	Barbara Shelvey
	BRONZE	Stan Litwack
70+ Singles	GOLD	Joyce Frame
	SILVER	Gerry Kruhlak
	BRONZE	Tom Wilcock
55+ Doubles	GOLD	Lucy Knowles, Jane Murtagh
	SILVER	Ilene Millar, Doreen Moore
	BRONZE	Gertie Collins, Analda Hamelin

## 8 BALL

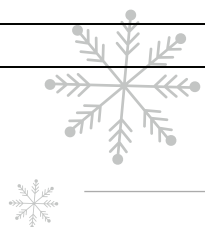
55+ Women	GOLD	Brenda Smith
	SILVER	Lynn Robinson
	BRONZE	Dee Bremner
55+ Men	GOLD	Joe Chomistek
	SILVER	Darcy VanAalst
	BRONZE	Robert Murray
65+ Women	GOLD	Rosemary Clappison
	SILVER	Barbara Shelvey
75+ Men	GOLD	Don Herman
	SILVER	Stewart Leslie
	BRONZE	Don Hladky
65+ Men	GOLD	Mike Smith
	SILVER	John Culhane
	BRONZE	Harry Ediger

## CONTRACT BRIDGE

55+ Doubles	GOLD	Gertie Collins, Jean Moskeluk
	SILVER	Yvonne Hardy, Donna Schmaus
	BRONZE	Midge Ross, Edie Moyes

## DUPLICATE BRIDGE

55+ Doubles	GOLD	Deanie Petruniak, Sharon Dalton
	SILVER	Inez Walker, Donna Schmaus
	BRONZE	Tom Wilcock, Don Wilson



## SNOOKER

55+ Men	GOLD	Clay Hodges
	SILVER	Rodney Yim
	BRONZE	Darcy Fulton
70+ Men	GOLD	Wayne Nelson
	SILVER	Maurice Lakness
	BRONZE	Art Stotz

## MILITARY WHIST

55+ Open	GOLD	Gail Ennis, Lucy Knowles, Jean Moskeluk, Naser Rabbani
	SILVER	Joe Elder, Linda Elder, Betty Kruhlak, Gerry Kruhlak
	BRONZE	Brenda Smith, Barb Shelvey, Gertie Collins, Analda Hamelin

## BOCCE

55+ Open	GOLD	Allan Roberts, Noli Ferreras, Allan Hamaliuk, Aurora Felipe
	SILVER	Brenda Smith, Barbara Shelvey, Gertie Collins, Analda Hamelin
	BRONZE	Manny Lumapas, Carmelita Monroy, Remy Hipolito, Jimmy Jimenez
70+ Open	GOLD	Jack DeLorme, Beryl DeLorme, Gloria Spielman, Betty Markle
	SILVER	Bill Rybachuk, Ram Achal, Dan Guglielmin, Donna Guglielmin

## BOWLING

55+ Women	GOLD	Linda Megenbir
65+ Women	GOLD	Peggy Plathan
	SILVER	Chris Bobenic
	BRONZE	Lucy Knowles
75+ Women	GOLD	Gloria Spielman
	SILVER	Yvonne Hardy
	BRONZE	Deanne Kondrat
85+ Women	GOLD	Bunny Walker
55+ Team	GOLD	Marlene Clay, Karen Bynoe, Keith Thomson, Monica Kipp, Patsy Doerksen
	SILVER	Nancy Norgaard, Dee Bremner, Joan Stuart, Naomi Moor, Lynn Robinson
65+ Team	GOLD	Noli Ferreras, Remy Hipolito, Allan Roberts, Gloria Becker, Valma Campbell
	SILVER	Alan Hamaliuk, Aurora Felipe, Anne Lynch, Rolly Cabalde, J. Voter
75+ Team	GOLD	Manny Lumapas, Carmelita Monroy, Rebecca Lodhar, Davud Lodhar, Bill Alexander





## BOWLING

55+ Men	GOLD	Ed McLeod
	SILVER	Darcy Van Aalst
	BRONZE	Victor Pallister
65+ Men	GOLD	Dieter Norgaard
	SILVER	Wayne Nelson
	BRONZE	Rick Starchuk
75+ Men	GOLD	Ernie Hanchar
	SILVER	Allan Vandersteen
	BRONZE	Frank Murphy
85+ Men	GOLD	Larry Craig
	SILVER	Ralph Connell
	BRONZE	Jack DeLorme

## EUCHRE

55+ Doubles	GOLD	Gerry Kruhlak, Betty Kruhlak
	SILVER	Gertie Collins, Jean Moskeluk
	BRONZE	Barb Shelvey, Brenda Smith

## FLOOR SHUFFLEBOARD

55+ Doubles	GOLD	Barb Shelvey, Brenda Smith
	SILVER	Dee Bremner, Glenda Alexander
70+ Doubles	GOLD	
	SILVER	
	GOLD	



## Members In Action!



Don Hladky, Don Herman, Stewart Leslie



Dee Bremner, Brenda Smith, Lynn Robinson



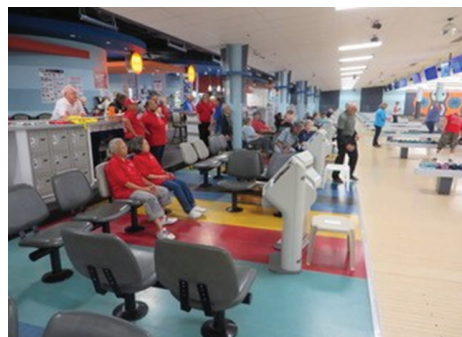
Sharon Dalton, Tom Wilcock, Deanie Petruniak



Thornview Seniors Pool Room



Lawrence King, Art Stotz, Wayne Nelson, Maurice Lakness



Bowling at Chinook Centre



Garth Border



Gail Ennis, Lucy Knowles, Jean Moskeluk, Naser Rabbani



Rolly Cabalde, Ann Lynch, Aurora Felipe, Allan Hamaliuk

# Members In Action!



Darcy Fulton, Clay Hodges, Rodney Yip



Duplicate Bridge at Nifty Fifties



Doreen Moore, Gail Ennis, Joyce Frame, Dolores Herman



Analda Hamelin



Noli Ferreras



Barb Shelvey, Brenda Smith, Betty Kruhlak,  
Gerry Kruhlak, Gertie Collins, Jean Moskeluk



Harry Ediger, Mike Smith, John Cuhane



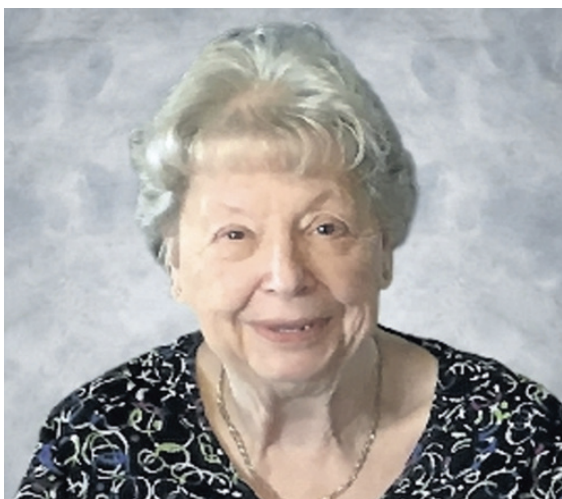
Military Whist at Marlborough Park





## Over the Rainbow

We fondly remember our valued members who passed in 2022 and send our condolences to their families.



**Yvonne Armstrong passed away peacefully on Friday, October 28, 2022.**

Yvonne will fondly be remembered for her valued contributions and dedication to Calgary 55plus. Yvonne had recently been recognized for her years of service, becoming a lifetime member. She became a member in 2006 and a Membership Director in 2007. She managed our membership role and was involved in many of our events as our Activity Coordinator for 5 Pin Bowling for 7 years.

We send our condolences to her family and will dearly miss her positive, friendly demeanour.



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