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Message From the President



Greetings Calgary 55 plus members,

After all the issues we've endured as a result of the pandemic, 2021 was a much better year for our organization.

Thanks to your support, we were able to stage almost all of our activities this year. We are truly blessed to have such a great group of members and I was thrilled to see so many of you participating.

Calgary 55 plus is not like other groups. Our goal is to encourage our members to participate in a variety of activities throughout the year. Whether it's an active event such as slo-pitch or a social event like many of the card games, they are all built around physical activity, social interaction, and fun. One of the most enjoyable outcomes of participating is meeting new friends and trying out new challenges.

Our events are held throughout the year so that you can try many different activities. Winter and summer games offer something for everyone. Coming out and meeting new friends is half the fun, but if you want to participate in Provincial and Canada Games, those opportunities are available as well.

As I said earlier, we saw many of you this year that haven't been able to get out for a while. There was lots of laughter and spirited play, a sure sign that you were having fun.

This year's events were qualifiers for the Provincial Games in 2022. I know many of our members will be attending, and I also know from past experiences, that they will do well and have memorable experiences to share. The Canada Games follow in Kamloops and many of our members will be competing there also!

On behalf of our directors and my family, we wish you a safe and Merry Christmas and a Happy New Year!

Don Everett

President

Calgary 55 plus











Call for Volunteers

Calgary 55 plus needs your help!

We have positions available on our Board of Directors, as well as a need for additional Activity Coordinators.

Hopefully you can see from this newsletter that we are an active and fun group! Come and join us and help make us even better.

If you are interested, please contact Don Everett:

Email: Doneverett@outlook.com

Mobile: 403-852-5402

Chuckles!

How can you tell if an ant is a boy or a girl?

They're all girls! If they were boys, they would be called uncles.



Top from left: Don Everett - President, Lawrence King - Assistant Activity Director, Summer, Garth Border -Director At Large, Norm Thomas - Director At Large, Medals, Dan Guglielmin - Activity Director, Summer

Bottom from left: Doug Kyle - Activity Director, Winter, Val McGeachie - Secretary, Gertie Collins - Director, Casino, Yvonne Armstrong - Director, Membership, Fred Lukich - Treasurer











Upcoming Summer & Winter Games!







Covid-19 Approach

Calgary 55 plus will continue to follow AHS Covid 19 restrictions, guidelines, and recommendations. Participants will need to be Calgary 55 plus members and show their QR Code Vaccination Record. We will continue to have hand sanitizer, masks, and supplies to sanitize equipment where needed, and any other appropriate supplies on hand at events for the foreseeable future.







2021 Membership Report

As many of you are aware, last year we implemented an on-line membership registration process. I want to thank you for your understanding and patience during the roll out.

You are still able to register on site at any of our activities, but we encourage you to use the on-line process. Invoices for renewal of your 2022 membership will be sent out in early January 2022.

By renewing in January, you are helping us a great deal. Having your membership confirmed early each year allows us to budget and hold activities on a regular basis. It also is a great communication device that helps us in letting you know what's happening.

I also need your help with keeping our database up to date. Members move, change e-mail addresses and phone numbers, activities, and sometimes even names. This creates problems in our ability to communicate with you. Please let me know of any changes by phone 403-274-6720 or e-mail: armstby@shaw.ca.

We are an organization that is unique in that we strive to provide you with a menu of activities that you can participate in throughout the year. Calgary 55 plus serves Calgarians age 55 or better, looking to compete in 30 different sports, card and board games or cultural activities that take place once a year in either Summer or Winter competitions, which lead to qualifiers for Provincial and Canada 55 plus Championship competitions. Many members join for the opportunity to see old friends, meet new ones, and overall, have fun!

By paying your \$30.00 membership fee, it provides you with the opportunity to participate in all of our activities. We serve food at most events and all activities provide you with insurance.

Calgary 55 plus has a very robust membership and I want to thank you once again all for your support.

Enjoy the holidays and I look forward to seeing you all soon.

All the best,

Yvonne Armstrong

Chuckles!

What kind of shoes do frogs love?

Open-Toad.









Summer & Winter Activity Report

Calgary 55 plus Zone 3 were able to complete most of our 2021 summer/winter activities/playoffs.

Many of these games were qualifiers for the Provincial Winter Games to be held in Edmonton, April 7 to 10, 2022 and the Provincial Summer Games to be held in Peace River, June 16 to 19, 2022.

The Covid restrictions have had a bearing on our participation numbers, but we would like to thank our members who did come out and participate. We had great participation in golf, bocce, pickleball, 8 ball pool, and darts, among others.

X-country skiing, alpine skiing, and ice curling are scheduled for early 2022 and track and field will also be set once facilities are available. All will be qualifiers for the Provincial Games.

Registration forms are currently being completed.

We will once again be holding a full schedule of activities, while attending the Provincial Games and Canada Games, so 2022 looks to be an exciting year!

A special thanks to all coordinators and volunteers for their help and dedication, without whom we could not provide our members with the activities we offer.

Lastly, we want to thank you all for supporting us and wish everyone a safe and Happy Christmas.

Sincerely,

Dan Guglielmin and Doug Kyle







Golf	55+ Women Callaway	Gold	Lynn Robinson
Ooli		Silver	Linda Hills
		Bronze	Joyce Frame
	55+ Men Callaway	Gold	Gerry Olynyk
		Silver	Bill Cormylo
		Bronze	Ken Kalynchuk
	55+ Women Low Net	Gold	Denise Tesan
		Silver	Ann Hood
	55+ Men Low Net	Gold	Stu Kinsey
		Silver	Jim Foster
		Bronze	Ross Fujino
	55+ Men Low Gross	Gold	Perry Rombough
		Silver	Brett Hood
		Bronze	Dick Karparian
	65+ Women Low Gross	Gold	Bonnie Morris
	75+ Low Gross	Gold	Harry McLennan
	80+ Women Low Gross	Gold	Lorrine Hanchar
	80+ Men Low Gross	Gold	Joey Brown
Bocce	55+ Open Team of 4	Gold	Barb Shelvey Gertie Collins
			Brenda Smith Analda Hameli
		Silver	Noli Ferreras Margaret Pallister
			Ken Vaness Victor Pallister
	-	Bronze	Brian Ross Leo Helfer
			Barb Ross Peter Vaness
	70+ Open Team of 4	Gold	Bill Rybachuk Donna Guglielmin
			Ram Achal Dan Guglielmin
		Silver	Beryl deLorme Rosemary Marshall
			Jack DeLorme Betty Markle
		Bronze	Lorrine Hanchar Val McGeachie
			Rose Marie Peters Gloria Spiel man
	Recreational Men 60+	Gold	Angus MacLean
Cycling	Recreational Women 75+	Gold	Bertha Ann Fisher
	Competitive Men 60+	Gold	Douglas Rosenberg
	Competitive Men 65+	Gold	Lawrence Keller
	Competitive Women 65+	Gold	Susan Keller
		JJ. J	
		Silver	Suzanne Fugster
	Competitive Men 75+	Silver	Suzanne Eugster Merv Matson











Dieklehell	3.0 Women 55+ Doubles	Gold	Brenda Brooks	3.0 Mixed 65+ Doubles
Pickleball			Edie Smith	
		Silver	Laurie Shafer	
			Cat Hackman	
		Bronze	Donna White	
			Irene Rondeau	
	3.0 Women 60+ Doubles	Gold (T)	Sharon Dupuis	3.0 Mixed 70+ Doubles
			Susan Dang	
		Gold (T)	Randi Kuehner	3.5 Women 55+ Doubles
			Cheryl Ego	
		Silver	Ann Hood	3.5 Mixed 55+ Doubles
			Cora Kanna	
	3.0 Women 65+ Doubles	Gold	Raffelina Sagriff	3.5 Men 60+ Doubles
			Gay Takeda	
	3.0 Women 70+ Doubles	Gold	Cheryl Young	3.5 Mixed 60+ Doubles
			Jacquie Polluck	
	3.0 Women 75+ Doubles	Gold	Mary Davies	3.5 Mixed 65+ Doubles
			Judy Creed	
	3.0 Men 55+ Doubles	Gold	Wayne Klettke	4.0 Women 55+ Doubles
			Rick Staples	
	3.0 Men 60+ Doubles	Gold	Brett Hood	
			Brad Gibbs	
		Silver	David Christopoulos	4.0 Women 60+ Doubles
			Tom Heywood	
		Bronze	Vange Tzitzoglakis	
			Stath Tzitzoglakis	
	3.0 Men 70+ Doubles	Gold	Gord McLure	
			Tim Dennehy	
	3.0 Mixed 55+ Doubles	Gold	Mike Smith	4.0 Mixed 60+ Doubles
			Laurie Shafer	
		Silver	Brenda Brooks	
			Brad Gibbs	

Gold

Ann Hood Brett Hood

3.0 Mixed 65+ Doubles	Gold	Catherine Carter
		Murray Young
	Silver	Sharon Dupuis
		Tim Dennehy
	Bronze	Helen Puls
		Rob Puls
3.0 Mixed 70+ Doubles	Gold	Cheryl Young
		Gord McLure
3.5 Women 55+ Doubles	Gold	Tagyn Carsolio
		Carla Spence
3.5 Mixed 55+ Doubles	Gold	Andrea Staples
		Rick Staples
3.5 Men 60+ Doubles	Gold	Mel Louie
		?
3.5 Mixed 60+ Doubles	Gold	Lynn Lehr
		James Paterson
3.5 Mixed 65+ Doubles	Gold	Virginia McCartney
		Barry McCartney
4.0 Women 55+ Doubles	Gold	Sue Stevenson
		Beth Tabor
	Silver	Ann Klettke
		Lucy Coffey
4.0 Women 60+ Doubles	Gold	Kathy Young
		Cathy Breen
	Silver	Brenda Boyd
		Kristina Thompson
	Bronze	Lynn Lear
		Kathleen Benner
4.0 Mixed 60+ Doubles	Gold	Kathy Young
		Perry Young
	Silver	Mel Louie
		Sue Stevenson

Horse Shoes

3.0 Mixed 60+ Doubles

55+ Men D	Gold	Noli Ferreras
55+ Women D	Gold	Brenda Smith
	Silver	Nancy Norgaard
65+ Men B	Gold	Ralph Connell









Tennis	65+ Women	Gold	Helga Moore	
Tellillo			Cathy LaPointe	
		Silver	Phyillis Larm	
			Jean McClean	
	65+ Mixed	Gold	Cathy LaPointe	
			Chuck Mulvena	
		Silver	Phyillis Larm	
			Paul Duteau	
	75+ Men	Gold	Don Harman	
			Rod Green	
		Silver	Richard Martin	
			Paul Duteau	
	75+ Mixed	Gold	Mary Valentich	
			David Hagopian	
		Silver	Don Herman	
			Alda Sigvaldason	
		Bronze	Helga Moore	
			Richard Martin	
	55+ Open	Gold	Gertie Collins	
Contract			Jean Muskeluk	
Bridge		Silver	Tom Wilcock	
			Don Wilson	
		Bronze	Pauline Simpson	
			Al Kreutz	
	55+ Women	Gold	Lynn Gooding	
Darts		Silver	Deb Spakowski	
		Bronze	Victoria Clarke	
	55+ Men	Gold	David Beattie	
		Silver	Jamie Jimenez	
		Bronze	Tony Spakowski	
	65+ Women	Gold	Dianne Pelland	
		Silver	Jan Hunter-Everett	
	65+ Men	Gold	Bobby Clarke	
		Silver	Don Everett	
		Bronze	Stu Kinsey	
	75+ Men	Gold	Gary Oxenforth	
		Silver	Garth Lamb	
		Bronze	Don Furness	
			e. V.	











	55+	Gold	Donna Guglielmi	n
Floor Shuffleboard			Dan Guglielmin	
		Silver	Betty Markle	
			Ram Achal	
		Bronze	Barb Shelvey	
			Brenda Smith	
	70+	Gold	Bill Alexander	
			Mo Roy	
		Silver	Gloria Spielman	
			Rose Marie Pete	rs
		Bronze	Wayne Nelson	
			Rick Sarniak	
NA:::4	Open Team of 4	Gold	Barb Shelvey	Gertie Collins
Military Whist			Brenda Smith	Analda Hamelin
	-	Silver	Joe Elder	Gerry Kruhlak
			Linda Elder	Betty Kruhlak
		Bronze	Jack Hill	Ilene Millar
			Shirley Costley	Doreen Moore
	55+ Open	Gold	Stan Litwack	
Cribbage Singles		Silver	Wayne Hammett	:
		Bronze	Brenda Smith	
	70+ Open	Gold	Ernie Hanchar	
		Silver	Judy Yorke	
		Bronze	Bill Alexander	
Oribbana Daublaa	70+ Open	Gold	Nancy Norgaard	
Cribbage Doubles			Lynn Robinson	
		Silver	Rick Starchuk	
			Stephen Corbett	
		Bronze	Stephen Corbett Pauline Simpson	







Bowling Pin

65+ Women	Gold	Peggy Plathan	
	Silver	Christine Bobenic	
	Bronze	Joyce Frame	
75+ Women	Gold	Gloria Spielman	
	Silver	Linda Hills	
	Bronze	Lorrine Hanchar	
85+ Women	Gold	Bunny Walker	
65+ Men	Gold	Wayne Nelson	
	Silver	Frank Murphy	
	Bronze	Dan Guglielmin	
75+ Men	Gold	Ernie Hanchar	
	Silver	Maurice Roy	
	Bronze	Alec Fleming	
85+ Men	Gold	Ralph Connell	
	Silver	Larry Craig	
	Bronze	Jack DeLorme	
55+ Team	Gold	Lynn Robinson	Nancy Norgaard
		Linda Megenbir	Rick Starchuk
		Jamie Jimenez	
65+ Team	Gold	Napoleon Ferreras	Ram Achal
		Remy Hipolito	Anne Lynch
		Gloria Becker	
75+ Team	Gold	Manuel Lumapas	David Lodhar
		Carmelita Monroy	Bill Alexander
		Rebecca Lodhar	

Pool 8 Ball

55+ Men	Gold	Mike Smith
	Silver	Brian Stoddard
75+ Men	Gold	Don Hladky
	Silver	Art Stotz
	Bronze	Walter Leemans
65+ Men	Gold	Stewart Leslie
	Silver	Maurice Lakness
	Bronze	Gordon Sloan
55+ Women	Gold	Brenda Smith
	Silver	Nancy Norgaard
65+ Women	Gold	Patricia Tuckey
75+ Women	Gold	Mary Martens









Euchre	55+ Open Pairs	Gold	Maureen Smith
Laoine			Kelly Hamilton
		Silver	Gail Ennis
			Tom Wilcock
		Bronze	Brenda Smith
			Barb Shelvey
Pool Snooker	55+ Men	Gold	Rodney Yim
		Silver	Darcy Fulton
		Bronze	Chit Maung
	70+ Men	Gold	Bill Cormylo
		Silver	Wayne Nelson
		Bronze	Art Stotz
Duplicate	55+ Open Pairs	Gold	Deanie Petrunia
Bridge			Sharon Dalton
Driuge		Silver	Gertie Collins
			Jean Muskeluk
		Bronze	Marg Stewart
			Yvonne Hardy
Sturling	55+ Open Doubles	Gold	Herb Pearson
Curling			Murray Young
Ourning		Silver	Ken Moor
			Naomi Moor
	70+ Open Doubles	Gold (T)	Barb Aasen
			Dale Aasen
		Gold (T)	Denis Derksen
			lan Ferguson
		Bronze	Judy Yorke
			Letta Zekveld
Scrabble	Open Singles "B"	Gold	Richard Martin
		Silver	Harris Grace
		Bronze	Sue Brigliadori
	Open Singles "C"	Gold	Tom McKay
		Silver	Brian Simkulet
		Bronze	Patricia Tuckey









Members In Action!







Ann Klettke, Lucy Coffey



Brenda Smith, Stan Litwack, Wayne Hammet



Euchre Team



Gertie Collins, Ernie Hanchar



Gloria Spielman, Maurice Roy



Herb Pearson



Jan and Don Everett



Joyce Frame, Lynn Robinson, Linda Hills





Members In Action!

Chuckles!

What do you call a duck that gets good grades?

A wise quacker.







Alda Sigvaldson



Richard Martin, Helga Moore



Peter Vanes



Ann Klettke, Lucy Coffey



Brenda Smith, Stan Litwack, Wayne Hammet



Walter Leemans



Wayne Nelson, Christine Bobanic



Yvonne Armstrong and Rose Peters







Over the Rainbow

We fondly remember our valued members who passed in 2020 and 2021 and send our condolences to their families.



Keith Shaw, beloved husband of Marilyn, cherished father, and grandpa, passed away suddenly on November 13, 2020. For many years Keith was a valued Director of Calgary 55 plus. As well as being a member of our board, Keith was also our swimming coordinator and is dearly missed.

2020

Mike Church January 2020 - Slo Pitch

Wayne Hladic June 17, 2020 - Slo Pitch

Stan Hay July 18, 2020 - Slo Pitch

Marilyn Taylor July 27, 2020 - Slo Pitch, Marilyn

worked as the Registrar for

many years.

John Dempster Aug 2, 2020 - Slo Pitch

2021

Ken Brillion March 25, 2021 - Slo Pitch

Ed Chala June 15, 2021 - Carpet Bowling

Don Pierce July 2021 - Pool, Snooker,

Bowling, Crib

Al Fizimmons September 4, 2021 - Slo Pitch

Peter Tymko September 11, 2021 - Slo Pitch

for 16 years from 1997 to 2012

Eric Meinig September 27, 2021 -

Slo Pitch 23 years

If anyone knows of a member who has gone "Over the Rainbow" please contact Yvonne Armstrong:

Phone: 403-274-6720 Email: armstby@shaw.ca







Dee Ann Clark Becomesa Lifetime Member

Dee Ann Clark joined Calgary 55plus in 1996 and is celebrating 25 years as an active member!

Congratulations Dee Ann, we're so pleased to mark this important milestone.

Dee Ann is an active tennis player and attended the first Canada Games with her partner Edith Illis, which was held in Regina Saskatchewan. The two came home with a gold medal in Ladies Doubles 55plus category! This was the first gold medal awarded in tennis at the Canada Games. She didn't stop there – Dee Ann has won a total of 26 medals at the Alberta 55plus and the Canada Games!

Apart from tennis, Dee Ann has served on the Calgary 55plus Board (Publicity) in 2016-2017 and has enjoyed volunteering on various committees over the years.

Ralph Connell Becomes a Lifetime Member

Congratulations Calgary 55 plus 25 Year Member, Ralph Connell, who joined in 1996 and has now become a lifetime member!

Ralph grew up in Consort in the days when sport days were the highlights of summer. In the 1990's he discovered slo-pitch and has played for the last 20 years along with horseshoes. He's won a few medals as well! "Calgary 55 plus", according to Ralph, "is a great organization that keeps a lot of the old guy's and gal's busy and hopefully in shape!" He also thanks all the people who keep the many activities in Calgary 55 plus going on a yearly basis. Well done!

For More Information About Calgary 55 plus visit:

www.calgary55plus.com

Chuckles!

Where do cows go on December 31st?

A moo years party!



Calgary 55 plus Games Association

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