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## Zone 3 News - Fall 2019 **CALGARY 55 plus Games Association**



Message from the President

August 18, 2019

Thank you for electing me your new president at the March AGM.

It's an honour to lead this great organization. Also, a special thank you to Dan Guglielmin for his service as president and help during the transition.

I pledge to work along with our members and Directors to continue to carry on the objectives of Calgary 55Plus. This only works if we provide choices that you want to participate in.

Currently, we offer over 30 activities divided between summer and winter. A dedicated group of volunteers coordinate these activities and many of our members participate. Our games are structured for you to have fun. No experience is necessary to join in; we'll show you how to play! There are many different choices available. Play as many as you like and see what most appeals to you. I need your help in making sure that we are giving you the recreational, social, and cultural opportunities you want.

WINTER GAMES

SCHEDULE on the BACK COVER

There are many ways you can do this. The easiest and most productive is to participate. Join us at our games, volunteer on our board, attend our annual general meeting, or contact me or any board member with your comments and suggestions. We are a volunteer organization, so we depend on your support.

As you've read in earlier newsletters, our game schedules were recently changed back to a two-year format. Provincial games are held on odd calendar years and the Canada Games are held on even years. Calgary game happen yearly. We're looking to add even more activities. Recently we held a fun day that showcased four current games. It was a great success with over 50 members attending and fun was had by all. I welcome any suggestions on other activities that you would like to see. These events are free to members and a lunch is provided at no cost.

You are our most important asset but its also critical the we keep attracting new members. Help us; come out and try something new and bring a friend.

(Concluded next page...)

Since our last newsletter, we held our summer games and we're currently organizing the next winter games (schedule attached).

Winter Provincial games were held in Cold Lake in March and summer Provincial games were held in Medicine Hat. A strong representation from Calgary attended both and, as is always the case, we earned many medals. Each host city did an outstanding job and friends were met from all over Alberta. A free bus was provided to both events for members.

Canada games are being held in Kamloops in August of 2020.

If you haven't competed or attended any of these events, I strongly encourage you to do so.

Volunteers are the glue that hold our organization together. A notification was recently sent out inviting your help in filling a variety of open positions. Please contact us if you are interested.

Until next time "Life long fitness through active living – fun and friends lighten your heart!"

#### MEMBERSHIP DIRECTOR REPORT

Congrats to all the medals winners in Medicine Hat and also to all participants who attended, I hear it was a good time had by all.

We have 583 current (2019) current members and about 100 for 2018, some of the 2018 will be renewing their membership for the winter games.

Once again I will ask if you know of any member who has left this world, or if you as a member has changed address, phone number, e-mail or want your name removed from an activity, I would like to know so I can keep the database up to date. Phone 403-274-6720 or e-mail armstby@shaw.ca

As I am also coordinator of the bowling there has been a change in the rules, teams in the past had to be POA mixed (2 Men,2 Women) and now changed to POA open team (however you want to put a team together) as long as there are 4 persons and have established averages.

Happy Thanksgiving to all and a joyous Holiday Season in December

### Yvonne

### **2019 BOARD OF DIRECTORS**

**PRESIDENT: Don Everett** 

PAST PRESIDENT / ACTIVITY DIRECTOR SUMMER:

Dan Guglielmin

VICE PRESIDENT/BOCCE: Debbie Stapleton

TREASURER: Ram Achal

SECRETARY: Vacant

**DIRECTOR - MEMBERSHIP: Yvonne Armstrong** 

**DIRECTOR - CASINO: Gertie Collins** 

DIRECTOR - ASST. ACTIVITY SUMMER & SNOOKER:

**Lawrence King** 

**DIRECTOR - PUBLICITY & COMMUNICATIONS:** 

Vacant

DIRECTOR AT LARGE / NEWSLETTER: Garth Border

DIRECTOR AT LARGE / 8 BALL: Al Enevold

**DIRECTOR AT LARGE / CRIBBAGE & MEDALS:** 

**Norm Thomas** 

DIRECTOR AT LARGE / SWIMMING: Keith Shaw

**DIRECTOR AT LARGE / BADMINTON: Ken Parent** 

# CALGARY 55 PLUS GAMES ASSOCIATION Badminton Clinic

Sunday, October 6, 2019 7-9 pm

Hounsfield Heights /Briar Hill Community – 16 Ave & 19 St NW

Open to newcomers and those wanting to improve their game

Contact Ken Parent (403) 247-5097 to register or with questions

## 2019 ALBERTA 55 PLUS PROVINCIAL SUMMER GAMES - MEDICINE HAT JULY 4 - 7, 2019

Zone 3 had a good run at Summer Games in Medicine Hat by placing second in total medal Count with 89 --- first went to Zone 2 with 93 medals. This is first time Zone 2 has won the Overall medal count.















## **Our Medalists on next page**

Bocce 55+ Bronze

Ram Achal

Bill Rybachuk

Donna Guglielmin

Dan Guglielmin

Bocce 70+ Bronze

Jack DeLorme

Beryl DeLorme

Marielle Galibois

Dave Drader

**Contract Bridge 55+ Silver** 

Eileen Jones

Andy Blumdell

Cribbage 55+ DBIs Bronze

**Debbie Stapleton** 

**Garry Rosling** 

Cycling 55+ Women Comp.

Gold

Patricia Berschl

Cycling 65+ Women Comp.

Silver

Susan Keller

Cycling 65+ Men Rec. Silver

**Rolly Cabalde** 

Cycling 75+ Women Rec. Gold

Bertha Ann Fisher

Floor Shuffleboard 55+ Gold

Lloyd Weis

Wayne Nelson

**Golf Gross 55+ Men Silver** 

Dick Karperien

Golf Gross 65+ Men Silver

**Gary Smith** 

**Golf Gross 75+ Men Silver** 

Joey Brown

Golf Gross 65+ Women Gold

**Bonnie Morris** 

**Golf Gross 80+ Women Gold** 

Mary Martens

Golf Net 75+ Men Silver

Harry McLellan

Golf Net 80+ Men Gold

John Gorman

Golf Net 65+ Women Silver

Yvonne McIvor

**Golf Net 75+ Women Bronze** 

**Gail Ennis** 

Horseshoes 55+ D Gold

Don Everett

Horseshoes 65+ B Silver

**Emvie Antonio** 

Military Whist 55+ Silver

Gertie Collins Analda Hamelin

Barbara Shelvey

**Brenda Smith** 

Pool 8 Ball 70+ Bronze

Bill Gunning

Slo Pitch 60+ Gold

Mike Smith, Norm Buckley, Len Blank,

Kevin Bottrell, Brian Caouette,

Michael Fitzsimmons, Mark Jansen,

Donald McKillop, Len Seib, Roger Staines, Jeff Clarke, Borden Gavrich, Roger Cormier

Slo Pitch 65+ Bronze

Ernie French, Francis Avery, Graham Brockway

Rob Dean, Raymond Featherstone,

Ted Harrison, Myles Hradec, David Kennedy,

Robert Letal, Bill Mansell, Dave Mayer,

Thomas Moslow, Keith Syverson,

James Zackowski, Richard Oishi

WINNERS

**Swimming 60+ Women** 

Cheryl Nesbitt, 4 Silver, 2 Bronze

Andrea Gammack, 1 Silver, 1 Bronze

**Swimming 70+ Women** 

Darlene Swan, 6 Gold

Marilyn Shaw, 3 Gold, 1 Silver

**Swimming 65+ Men** 

Chris Hylton, 4 Gold

**Swimming 70+ Men** 

Keith Shaw, 6 Gold

Swimming 75+ Men

Ivor Pivovarov, 6 Gold

Tennis 55+ Women Gold

Kerry MacPherson

Brenda Ringdahl

**Tennis 70+ Women Gold** 

Dee Ann Clark

Helen Yau

Tennis 70+ Men Gold

David Hagopian

Mitch Wise

**Track and Field 65+ Men** 

Merv Husak, 2 Gold, 2 Silver

Al Vessey, 1 Gold, 3 Silver

Track and Field 70+ Men

Brian Hill, 1 Gold, 2 Silver

Track and Field 75+ Men

John Harrison, 1 Silver

Track and Field 80+ Men

Roger Davies, 3 Gold

Paul Dvorack, 1 Gold, 3 Silver

**Track and Field 55+ Women** 

Linda Megenbir, 1 Gold, 2 Silver, 1 Bronze

**Track and Field 60+ Women** 

Susan Graham, 2 Gold, 1 Silver

Karen Bynoe, 1 Silver, 2 Bronze Susanne Lauridsen, 2 Gold, 2 Silver

Track and Field 65+ Women

Anne Livesay-Husak, 4 Gold

Track and Field 55+ Predicted

Doug Kyle, 1 Gold, 1 Silver

# **Calgary Summer Games 2019**













	201	9 SUMMER	GAMES MEDALISTS
Floor Curling	Open Team 55+	Gold	Dean Gillett, Lloyd McBurney, Wayne Lewanzick, Gerry Mottle
	Open Team 70+	Gold	Pauline Simpson, Lenora Schwab, Allan Kreutz, Dan Guglielmin
		Silver	Peter Vanes, Leo Helfer, Rick Sarniak, Rose Peters
		Bronze	Ram Achal, Gloria Spielman, Anna Jarvis
Contract Bridge	Open Pairs 55+	Gold	Eileen Jones, Andy Blumdell
		Silver	Jeanette Smallenburg, Len Smallenburg
		Bronze	Jean Moskeluk, Gertie Collins
Military Whist	Open Team 55+	Gold	Lenora Schwab, Pauline Simpson, Joe Elder, Beulah Floen
		Silver	Gertie Collins, Brenda Smith, Barbara Shelvey, Analda Hamelin
		Bronze	Jeanette and Len Smallenburg, Velma Sornberger, Lynda Fleming
Floor Shuffleboard	Open Pairs 55+	Gold	Lloyd Weis, Wayne Nelson
		Silver	Donna Guglielmin, Dan Guglielmin
		Bronze	Gloria Spielman, Rosemary Marshall
	Open Pairs 70+	Gold	Yvonne Armstrong, Rose Marie Peters
		Silver	Ram Achal, Leo Helfer
		Bronze	Bill Alexander, Maurice Roy
Pool 8 Ball	Men Singles 55+	Gold	Mike Smith
		Silver	Gord Yeao
		Bronze	Gord Sloan
	Women Singles 55+	Gold	Barbara Shelvey
		Silver	Brenda Smith
	Men Singles 70+	Gold	Bill Gunning
		Silver	Don Hladky
		Bronze	Stew Leslie
Horseshoes	Open Singles 55+		
	Category D 0 - 19.9%	Gold	Don Everett
	Open Singles 65+		
	Category C 20 - 34.9%	Gold	Emvie Antonio
		Silver	Gary Bartholet
		Bronze	Ralph Connell
	Category D 0 - 19.9%	Gold	Noli Ferreras
		Silver	Manny Lumapas
Cuildana	0 0: 1 55		
Cribbage	Open Singles 55+	Gold	Lynne Dupius
		Silver	Barbara Shelvey
		Bronze	Suzanne Schnell
	Open Singles 70+	Gold	Gertie Collins
		Silver	Judy Yorke
		Bronze	Stan Hay
	Open Doubles 55+	Gold	Brenda Smith, Barbara Shelvey
		Silver	Emily Lane, Lynne Dupius
		Bronze	Garry Rosling, Debbie Stapleton
	Open Doubles 70+	Gold	Analda Hamelin, Gerry Kruhlak
		Silver	Anna Jarvis, Gertie Collins
		Bronze	Gail Ennis, Doreen Walker
Constitute	2014 20 111		
Cycling	20 Km Comp. Women 55+		Patricia Berschi
	20 Km Comp. Women 65+		Susan Keller
	20 Km Comp. Men 60+	Gold	Lawrence Keller
	10 Km Rec. Women 75+	Gold	Bertha-Ann Fisher
		Silver	Donna Fallon
	10 Km Rec. Men 65+	Gold	Rollie Cabalde
	Men 75+	Gold	Ken Park

	2019 Summer Games Medalists cont							
Swimming	Women 55+	4 Gold	Jenn Enta					
	Women 60+	4 Gold	Cheryl Nesbitt					
		1 Gold, 3 Silver	Andrea Gammack					
		1 Silver, 2 Bronze	Kathy Baehr					
	Women 70+	4 Gold	Darlene Swan					
		2 Gold, 2 Silver	Marilyn Shaw					
	Men 55+	4 Gold	Chet Chan					
	Men 60+	3 Gold	Charles Kalas					
	Men 65+	4 Gold	Chris Hylton					
	Men 70+	4 Gold	Keith Shaw					
	Men 75+	3 Gold, 1 Silver	Ivan Pivovarov					
		3 Gold, 1 Silver	Jim Fry					
		1 Gold, 2 Silver, 1 Bronze	Neil Topping					
	Men 85+	4 Gold	Ray Colliver					
	Men 55+ Predicted	1 Gold	Rennie Atkinson					
Tennis	Women Doubles 55+	Gold	Kerry MacPherson, Brenda Ringdahl					
		Silver	Donna Pullar, Cathy Lapointe					
	Women Doubles 70+	Gold	Dee Ann Clark, Helen Yau					
	Men Double 55+	Gold	Richard Martin, Monty Hans					
		Silver	Jack Gordon, Charlie Mulvena					
	Men Doubles 70+	Gold	David Hagopian, Mitch Wise					
	Mixed Doubles 55+	Gold	Chris Brown, Donna Pullar					
		Silver	Cathy Lapointe, Charlie Mulvena					
		Bronze	Brenda Ringdahl, Harry Ediger					
	Mixed Doubles 65+	Gold	Kerry Macpherson, Jack Gordon					
		Silver	Don Herman, Alda Sigvaldason					
	Mixed Doubles 75+	Gold	Richard Martin, Helga Moore					
			,					
Воссе	Open Team 55+	Gold	Rose Marie Peters, Bill Rybachuk, Donna Guglielmin, Dan Guglielmin					
		Silver	Rick Sarniak, Joyce Kornelson, Noli Ferreras, Peter Vanes					
		Bronze	Ram Achal, Val McGeachie, Lloyd Weis, Betty Markle					
	Open Team 70+	Gold	Marielle Galibois, Dave Drader, Jack DeLorme, Beryl DeLorme					
		Silver	Marilyn Shaw, Keith Shaw, Carol Kyle, Doug Kyle					
		Bronze						
Golf	Women 55+ Gross	Gold	Heather Kuntz					
	Tremen 55 * Gress	Silver	Denise Tesan					
	Women 65+ Gross	Gold	Bonnie Morris					
		Silver	Marlene Graham					
	Women 80+ Gross	Gold	Mary Martens					
	Men 55+ Gross	Gold	Dick Karperien					
		Silver	Mike Smith					
	Men 65+ Gross	Gold	Gary Smith					
		Silver	Howard Northcott					
		Bronze	Howard Nakamura					
	Men 75+ Gross	Gold	Joey Brown					
		Silver	Dennis Heacock					
		Bronze	Ken Parent					
	Men 85+ Gross	Gold	Bill Clark					
	Women 55+ Net	Gold	Ann Hood					
	Women 65+ Net	Gold	Yvonne McIvor					
		Silver	Barb Atnikov					
		Bronze	Carol Gardner					
	Women 75+ Net	Gold	Deanne Kondrat					
		Silver	Gail Ennis					
		Bronze	Margaret Kromm					
	Women 80+ Net	Gold	Marielle Galibois					
		Gold						

		2019 Summer Game	es Medalists cont
	Men 55+ Net	Gold	Greg Siddall
		Silver	Ross Laurie
		Bronze	Mike Geneau
	Men 65+ Net	Gold	Al Enevold
		Silver	Ian Crichton
		Bronze	Bill Cormylo
	Men 75+ Net		Harry McLellan
		Silver	Ross Fujino
		Bronze	Keng-Wei Chiew
	Men 80+ Net	Gold	John Gorman
		Silver	Ram Achal
		Bronze	Larry Craig
	Men 85+ Net	Gold	Jack DeLorme
Track and Field	Women 60+	2 Gold, 1 Silver	Susan Graham
		1 Silver, 2 Bronze	Karen Bynoe
		1 Gold, 1 Silver	Susanne Lauridsen
	Women 65+	4 Gold	Anne Livesay-Husak
	Men 60+	3 Gold	Lorne Daly
	Men 65+	4 Gold	Merv Husak
		4 Gold	Al Vessey
		3 Silver	Tom Green
	Men 70+	6 Gold	Brian Hill
		1 Gold, 2 Silver	Dennis Little
		1 Silver, 1 Bronze	Roger Boulton
		1 Silver	Bill Cormylo
	Men 75+	2 Gold	John Harrison
	Men 80+	3 Gold	Roger Davies
		3 Gold	Paul Dvorack
	Men 85+	2 Gold	Ray Colliver
	Men 55+ Predicted	Gold	Doug Kyle





# **ZONE 3 – 2019 WINTER GAMES SCHEDULE**

ACTIVITY	DATE	VENUE	COORDINATOR	<b>EVENTS</b>
BADMINTON	DECEMBER 14 12:00 PM	THE GLENCOE CLUB 636 – 29 AVE. SW	KEN PARENT (403) 247 - 5097	55-85 M & D (Mixed optional)
BOWLING 5 PINS	OCTOBER 25 10:00 AM	PARADISE LANES 3411 – 17 AVE. SE	YVONNE ARMSTRONG (403) 274 - 6720	55,65,75 M & W Singles 55 & 70 Mixed POA
BRIDGE DUPLICATE	NOVEMBER 9 10:00 AM	THORNVIEW SRS. 5600 CENTRE ST.N	Murray Huggins (403) 547-4023	55 Open Pairs
CARPET BOWL	OCTOBER 24 10:00 AM	GREATER FOREST LAWN 3425 – 26 AVE. SE	Cordella Schwengler (403) 272 - 2778	55,70 Open Team of 4
DARTS	OCTOBER 19 1:00 PM	THORNCLIFFE LOUNGE 5600 CENTRE ST.N	DON EVERETT (403) 730-6636	55,70 M & W Singles 55,70 Doubles (pick-up)
EUCHRE	NOVEMBER 7 10:00 AM	THORNVIEW SRS. 5600 CENTRE ST.N	ANALDA HAMELIN (403) 383 – 1282	55 Open Pairs
ICE CURLING	DECEMBER 6 to 8 10:00 AM	WINTER CLUB 4611 – 14 ST. NW	CLARE BOWIE (403) 619 – 0797	55,65,70,75 M Teams 55,65 W Teams 55,70 Mixed (2 + 2) Teams
SNOOKER	NOVEMBER 5 10:00 AM	THORNVIEW SRS. 5600 CENTRE ST.N	LAWRENCE KING (403) 271 – 0545	55 Open Singles
SNOOKER	NOVEMBER 12 10:00 AM	THORNVIEW SRS. 5600 CENTRE ST.N	LAWRENCE KING (403) 271 – 0545	70 Open Singles
SCRABBLE	NOVEMBER 22 10:00 AM	THORNVIEW SRS. 5600 CENTRE ST.N	ESTELLE MATTHEWS (403) 640 - 1784	55,70 Open Singles
TABLE SHUFFLEBOARD	NOVEMBER 23 10:00 AM	FOREST LAWN LEGION 755 – 40 ST. SE	NORM THOMAS (403) 240 - 2756	55,70 Open Doubles