



## Zone 3 News – Spring 2019

### CALGARY 55 plus Games Association

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2019 Summer Playoffs  
Schedule Included

#### Dates to Remember

- Feb. 28 – Mar. 3: Cold Lake  
Winter Provincial Games
- March 21: 11:00 - 2:00 p.m.  
Annual General Meeting  
Forest Lawn Legion  
755 40<sup>th</sup> St. S.E.
- July 4 – 7: Medicine Hat  
Summer Provincial Games

#### President's Report Spring, 2019



The year 2018 was a very busy year in our Zone 3. We held zone playoffs in the Spring, Summer and Fall for two Provincial Games in the Spring and Fall. The Spring Provincial Games were held in Camrose in May and 28 participants represented our zone garnering several gold and bronze medals.

The Fall Provincial Games were held in Edmonton in September and 35 participants from our zone took home a number of gold, silver and bronze medals. Congratulations to all those members who participated.

Alberta 55 plus has now gone back to the traditional Winter and Summer Provincial Games in the odd numbered years with Canada 55 plus Games been held in the even numbered years.

The 2019 Winter Provincial Games will be held in Cold Lake, February 28 to March 3 and the Summer Provincial Games will be held in Medicine Hat, July 4 to 7. These games will provide the qualifiers to go to the Canada 55 plus Games to be held in Kamloops, B. C. in 2020.

Our publicity group is redesigning and updating our website, [www.calgary55plus.com](http://www.calgary55plus.com). As well they are visiting and providing information to most of the senior centres in our zone. We are trying to promote our organization to increase membership and become more active in their 55 plus years.

I would like to thank all the Calgary 55 plus Directors, Coordinators and members for the many hours of volunteer work on behalf of our organization in the past year.

We are always looking for members who are willing to donate some time as a director or volunteer for this organization.

Don't forget that our Annual General Meeting and election of the Board of Directors will be held on March 21, 2019 at the Forest Lawn Legion, 11:00 am – 2:00 pm. A light lunch will be served.

**Dan Guglielmin**



## MEMBERSHIP

Welcome all to 2019, and what does 2019 mean, well to me it's now time for members to renew their membership. Why wait for your activity to take place do it now and be all signed up on activity day, no waiting in a line up. As of Dec 31/18 we had 9 life time members, 99 2019 members and 548 2018 members, for a total of 647. I do believe that we have the largest membership in the province, so thanks to all of you and lets every one try and bring in more new members this year.

I want to thank all of the coordinators in 2018 for doing a great job with their assigned activities.

A membership is \$30.00 and if paying by cheque it is payable to Calgary 55 plus.

Please mail to Membership Director: 507 Trafford DR NW, Calgary, AB T2K 2T2

If you require information I can be reached at 403-274-6720 or e-mail: [armstby@shaw.ca](mailto:armstby@shaw.ca)

**See you at the activities, Yvonne**

**VOLUNTEER OPPORTUNITIES:** Calgary 55 plus is currently looking for a number of volunteers for various positions in our organization as a result of retirements after serving for a number of years.

The following positions will become vacant in 2019; President, Vice President, Treasurer, Arts, Crafts and Creative Writing Coordinator. There are also several other Directorships and activity coordinator and assistant activity coordinator positions that will become available this year.

Volunteering for Calgary 55 plus gives one a sense of belonging to a group whose mandate is to encourage, promote and develop recreational and cultural opportunities for members 55 years of age and older.

Remember: There will always be experienced Directors and Coordinators to assist the new volunteers.

**If you are interested in any of these positions, please contact: Yvonne Armstrong at (403) – 274 - 6720**



**Volunteer Luncheon and Lifetime Members:** On October 24th, 2018 a Volunteer Lunch was held at the Fox Hollow Golf Course as a thank you to the many volunteers who contribute hours of their time supporting the activities of the Calgary 55 plus organization. At this event 10, 15, 20, 25 & 30 year members were honoured. The following were honoured as Life Time Members. Photo - left to right: Jack & Beryl Delorme, Doug Kyle, Norm Thomas. Not present: Del Irwin, Tom Jaeger, Walter Kosowan, Isobel Lovell and Phil Streifel.



### **Over the Rainbow but Not Forgotten – in Memory 2018**

John Gilchrist 15 yrs.

Karl Janousek 5 yrs.

John Younker 11 yrs.

Lawrence (Ginger) Hamelin 8 yrs.

Florence Wohlers 15 yrs.





### **ANNUAL SWIM CLINIC**

Tuesday, March 26<sup>th</sup>, 2019. Check-in at 8:45 a.m.  
 Repsol Sports Centre, 2225 Macleod Trail S, North entrance.  
 9 -10 a.m. classroom coaching downstairs in the learning room  
 10 - 11 a.m. pool instruction. Please wear sweats over your swim suit for quicker access into the pool. Snacks provided after swimming instruction in the Foundation Lounge.  
 Cost: Free for first-time attendees; previous attendees \$15.00  
 Those planning to attend the swim clinic must register with Keith Shaw by March 19<sup>th</sup> at (403) 252 - 9238

**ANNUAL SWIM MEET** date has changed to Tues., May 14th  
 Check-in at 8:45 a.m., north entrance of Repsol Centre.  
 Warm-ups 9:00 a.m. / swim meet 9:15 a.m. - 11:30 a.m.  
 Lunch and awards in learning room 11:30 a.m. - 12:30 p.m.

You may register in four events: 50 and 100 m Free, Back and Breaststroke, 50m Butterfly, 100m IM, or the predicted 200m Free. Register with Keith Shaw - registration is due by May 7<sup>th</sup>.

This Calgary Zone 3 meet is a qualifier for the Summer Provincial Games to be held in Medicine Hat, July 4 - 7, 2019. The seven age groups are 55, 60, 65, 70, 75, 80 & 85 of each gender. Entry deadline for qualifiers going to Provincials is Sunday, May 23<sup>rd</sup>.

For more information contact:  
 Keith Shaw, Swimming Co-ordinator  
 403 - 252 - 9238 or mashawca@yahoo.ca

### **2018 BOARD OF DIRECTOR**

**PRESIDENT / ACTIVITY DIRECTOR SUMMER:**  
 Dan Guglielmin

**PAST PRESIDENT / ACTIVITY DIRECTOR WINTER:**  
 Doug Kyle

**VICE PRESIDENT:** Kathryn MacGregor

**TREASURER:** Ram Achal

**SECRETARY:** Carmelita Monroy

**DIRECTOR - MEMBERSHIP:** Yvonne Armstrong

**DIRECTOR - CASINO:** Gertie Collins

**DIRECTOR - ASST. ACTIVITY SUMMER & SNOOKER:**  
 Lawrence King

**DIRECTOR - PUBLICITY & COMMUNICATIONS:**  
 Kathryn MacGregor

**DIRECTOR - EVENTS / BOCCE:** Debbie Stapleton

**DIRECTOR AT LARGE / 8 BALL:** Al Enevold

**DIRECTOR AT LARGE / CRIBBAGE & MEDALS:**  
 Norm Thomas

**DIRECTOR AT LARGE / SWIMMING:** Keith Shaw

**DIRECTOR AT LARGE / DARTS:** Don Everett

**DIRECTOR AT LARGE / BADMINTON:** Ken Parent



**CHECK IT OUT!**

**ZONE 3 - NEW AND IMPROVED WEBSITE**

**@ [www.calgary55plus.com](http://www.calgary55plus.com)**

## 2018 FALL PROVINCIAL GAMES – EDMONTON RESULTS

<b>Bocce</b>	- <u>Bronze</u> : Ram Achal, Ken Marchand, Betty Markle, Debbie Stapleton
<b>Floor Shuffleboard</b>	- <u>Gold</u> : Lloyd Weis, Rose Marie Peters
<b>Golf</b>	- <u>Gold</u> : Yvonne McIvor, Mary Martens, Beryl DeLorme
	- <u>Bronze</u> : Napoleon Ferreras, Larry Craig, Jack DeLorme
<b>Pickleball</b>	- <u>Silver</u> : Dave Drader, Bonnie Wankle
	- <u>Bronze</u> : Cindy Kassian (2), George Frolich (2), Bonnie Wankle, Robert de Lima

## 2018 WINTER PLAYOFF RESULTS



### ICE CURLING

55+M:	GOLD-Dwayne Woychuk, Wayne Barrowcliffe, Harley Kempthorne, Bob Green SILVER-Dennis Heacock, Gary Scruton, Don Jorgensen, Al Cross
65+M:	GOLD-Dean Gillett, Tom Guppy, Colin Ottrim, Larry Fenton
70+M:	GOLD-Jim Strain, Murray Seminuk, Don Cooper, Jim Scott SILVER-Wayne Lewanzick, Bill Murray, Lloyd McBurney, Bob Tucker BRONZE-George Copeland, Hank Bartel, Nestor Shular, Joe Hearn
55+W:	GOLD-Heather Kuntz, Jennifer Scott, Mary Lou Schoening, Donna McLeod SILVER-Diane Foster, Michelle Ewanchuk, Louise Sheeran, Dixi Obrocki BRONZE-Wendy McCulloch, Sheila Frank, Donna Weerstra, Paula Murphy
55+MIXED:	GOLD-Frank Bailey, Marlene Graham, Grant Wilsons, Carey Cameron SILVER-Wayne Morris, Lorna Bowie, Clare Bowie, Bonnie Morris



### DARTS

55+M:	GOLD-Bobby Clarke & David Somerville (tie) SILVER-Kevin Meyer BRONZE-Al Enevold
70+M:	GOLD-Don Everett SILVER- Stu Kinsey BRONZE-Jim Foster
55+W:	GOLD-Vicky Clarke SILVER-Jan Everett BRONZE-Deb Spakowski
70+W:	GOLD- Anna Jarmics

## 2018 WINTER PLAYOFF RESULTS

### **BADMINTON**

55+M: GOLD- Dave Finn, Mike Fitzsimmons  
65+M: GOLD-Allan Derbyshire, Joe Kowal  
80+M: GOLD-Forster Mah, Rex Lee  
85+M: GOLD-Jack Glaser, Doug Kyle

### **EUCHRE**

55+ OPEN: GOLD-Maureen Smith & Kelly Hamilton  
SILVER-Nazir Rabbani & Carol Northway  
BRONZE-Barb Schelvey & BJ Smith

### **DUPLICATE BRIDGE**

55+ OPEN: GOLD-Gail Ennis & Judy Hawthorne  
SILVER-Donald Wilson & Tom Wilcock  
BRONZE-Gertie Collins & Jean Moskeluk

### **CARPET BOWLING**

55+ OPEN: GOLD-Mary Martens, Nettie Rupert,  
Gail Ennis, Deanne Kondrat  
SILVER-Jack Hill, Shirley Costley, Ram Achal,  
Ken Marchuk  
70+ OPEN: GOLD-Keith Shaw, Doug Kyle, Gertie Collins,  
Donna Rignanesi  
SILVER-Lenora Schwab., Al Kreutz,  
Doreen Moore, Pauline Simpson

### **SNOOKER**

55+ OPEN: GOLD-Mike Smith  
SILVER-Carl Collins  
BRONZE-George Lacoursier  
70+ OPEN: GOLD-Bill Gunning  
SILVER-Bill Cormylo & Don Pierce (tie),  
BRONZE-Art Stotz

### **SCRABBLE**

55+ OPEN: GOLD-Estelle Matthews  
SILVER-Brian Simkulet  
BRONZE- Keith Shaw  
70+ OPEN- GOLD-Gladys Wilson  
SILVER- Eddie Gordillo  
BRONZE- Deanne Kondrat

### **TABLE SHUFFLEBOARD**

55+OPEN: GOLD-Al Enevold & Al Osaka  
SILVER- Don Pierce & Doug Kyle  
BRONZE- Jack Hill & Shirley Costley  
70+OPEN: GOLD-Bill Alexander & Mo Roy  
SILVER-Gloria Spielman & Deanne Kondrat  
BRONZE-Pauline Simpson & Lenora Schwab

### **5 PIN BOWLING**

55+M: GOLD-Will Kuss  
SILVER:-Richard Starchuk  
BRONZE-Dennis Heacock  
65+M: GOLD-Ernie French  
SILVER-John Murphy  
75+M: GOLD-Ernie Hanchur  
SILVER-Don Gillett  
BRONZE-Larry Craig

55+W: GOLD-Peggy Platham  
SILVER-Joyce Frame  
BRONZE-Chris Bobenic

65+W: GOLD-Lenora Schwab  
SILVER-Rose Peters  
BRONZE-Gail Ennis

75+W: GOLD-Mary Martens  
SILVER-Nettie Rupert  
BRONZE-Deanne Kondrat

55+TEAM: GOLD-Gerda Blaney, Lloyd Weis, Gloria Spielman,  
Rollie Cabalde  
SILVER-Benny Sy, Rose Boulter, Linda Megenbir,  
Alex Flemming  
BRONZE-Keith Thomson, Eugene Hrico, Marlene Clay,  
Karen Bynoe  
70+ TEAM: GOLD-Ram Achal, Beryl Delorme, Betty Markle,  
Jack Delorme  
SILVER-Eileen Phillips, Bill Phillips, Rosemary Marshall,  
Al Vandersteen  
BRONZE-Eddie Gordillo, Gloria Becker, Rebecca Lodhar,  
Emil Baluyot



# Calgary 55 plus (Zone 3) Golf

## Calgary (Zone 3) 18 Hole Golf Tournament

HeatherGlen Golf Course

Tuesday, May 21, 2019 - Tee-off 10:00 am.

**Rain or Shine**

***Men's and Ladies Age Categories 55+, 65+, 75+, 80+, 85+***

**Low Gross OR Callaway Net Handicapping**

**COST: \$40 includes 18 Holes of Golf, Power Cart and Lunch**

**Entry Limited To First 72 Golfers**

**Must Be A Current Member Of Alberta 55 plus  
(\$30 per year)**

**Memberships Available Morning Before Golf**

**\*\*THIS IS A QUALIFYING EVENT for ALBERTA 55 PLUS PROVINCIAL  
PLAYOFFS TO BE HELD IN MEDICINE HAT, JULY 4 - 7, 2019\*\***

***More Information Call Ken Kalynchuk 403-239-5775***

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**GOLF ENTRY FORM – Limited to First 72 Golfers**

**Deadline For Entries May 13th, 2019**

NAME \_\_\_\_\_ Age \_\_\_\_\_ (at Dec 31,2019)

ADDRESS \_\_\_\_\_

POSTAL CODE \_\_\_\_\_ PHONE \_\_\_\_\_

I will Play ( Check one only )      Low Gross {   }      Calaway Net {   }

Fee Enclosed \$ \_\_\_\_\_

**Please make cheque payable to “Calgary 55 plus”**

**Mail to - Calgary 55 plus Golf  
92 Hawkhill Way NW, Calgary, Alberta, T3G 2V2**