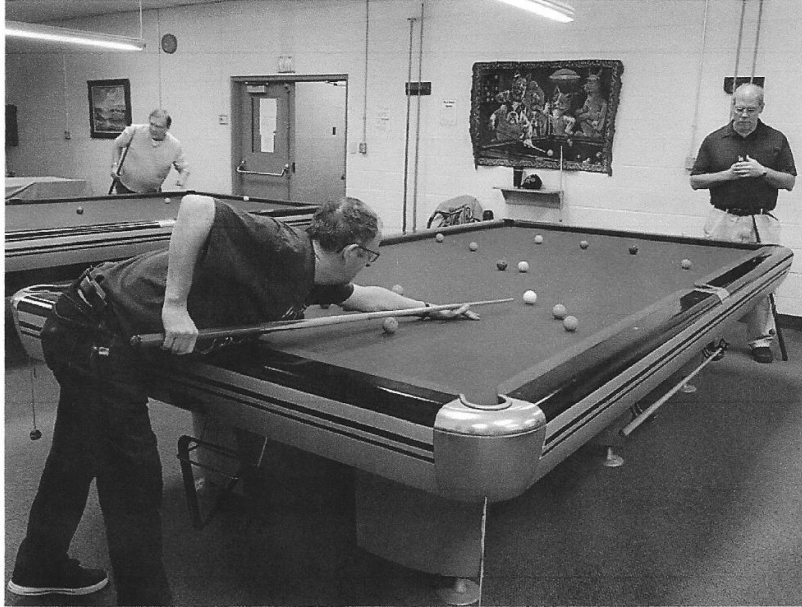


Zone 3 News

Calgary 55 plus Games Association



Zone 3 at the Winter Fun Games!!

Zone 3 members enjoyed participating in many winter activities from November to February.

Find results beginning on Page 3

Annual General Meeting Notice

Our Calgary 55 plus Games Association AGM or “Meet the Board” annual meeting is being held **Tuesday March 15 at Forest Lawn Legion**, located at 8 Ave. and 40 St. SE, starting at 10:30 AM. We have an interesting program lined up:

- 10:30 AM Gather and register, and buy membership if required
- 11:00 AM Meeting gets underway
- 12:00 PM Lunch is served
- 12:30 PM Performance by Cornelia, an outstanding musician and singer from Cape Breton Island
- 1:00 PM Draw for door prizes and adjournment

We hope all Calgary 55 plus members will make an effort to attend, and enjoy the program lined up by your Board.

Doug Kyle, President.

What's Inside?

Page 7

Information on Canada Games

Insert

Schedule for the Zone 3 Summer Fun Games.

Page 8

Registration form for golfers



President's Message

Congratulations on another successful Winter Games as we had about 235 participants, a little down from 2014, as 2015 was not a Games year. However many ended up as Calgary 55+ Champions, and others were medal winners.

The Zone Summer Games are coming up under the leadership of activity Directors Dan Guglielmin and Lawrence King. We have 14 activities, so watch in this Newsletter for the schedule, and come out and enjoy.

Our AGM or "Meet the Board" meeting is coming up on Tuesday March 15, and it is an exciting program your Board has lined up (see notice elsewhere in this Newsletter). We have a few vacancies on the Board so if you are interested in helping out to serve our members, call Dan at [403-289-0352](tel:403-289-0352).

The Foundation has run the Provincial Winter and Summer Games in the past but have given up on the Winter Games--- so no more Winter Games as we have had. They will however continue to hold a Provincial Summer Games every 2 years, in odd number years. To complement this the Alberta 55 Plus Association, your organization, will hold a Spring and Fall Provincial Games for the "less active" activities: all the normal card games we usually hold, carpet bowling, snooker and 8 ball, floor and table shuffleboard, floor curling, and bocce. We don't know if they will be every year or every second year. The Alberta Board is still working on this.

The Canada Games are coming up this August in Brampton, Ontario. It is not cheap but they were a great experience and a chance to meet other 55+ participants from across Canada. See elsewhere in this Newsletter for more details.

Till next time, so long ---- Doug Kyle, President.

Board of Directors

President,	Doug Kyle
Activity Director (Winter)	403-255-7932
Vice President	Ken Park
	403-244-6809
Past President,	Dan Guglielmin
Activity Director (Summer)	403-289-0352
Treasurer	Ram Achal
	403-239-5602
Secretary,	Carolyn Alway
Creative Writing and	403-272-6038
Arts & Crafts	
Ass't Activity	Lawrence King
Director (Summer)	403-271-0545
Membership	Yvonne Armstrong
	403-274-6720

Directors

<i>Events</i>	MJ MacLeod
	403-461-4244
<i>Medals</i>	Judy Gabert
	403-279-8924
<i>Photography</i>	John Gilchrist
	403-272-7958
<i>Publicity Asst.</i>	Mary Martens
	403-256-4508
<i>Casino</i>	Gertie Collins
	403-273-3955
<i>At Large</i>	Norm Thomas
	403-246-2756
<i>At Large</i>	Rick Strong
	403-281-3867
<i>At Large</i>	Keith Shaw
	403-252-9238

NOTE: We are still in need of a Publicity Director. If you're interested, please call a member of the Board (phone numbers are listed above).

Congratulations to the Winners of the 2015/16 Winter Fun Games:

Badminton

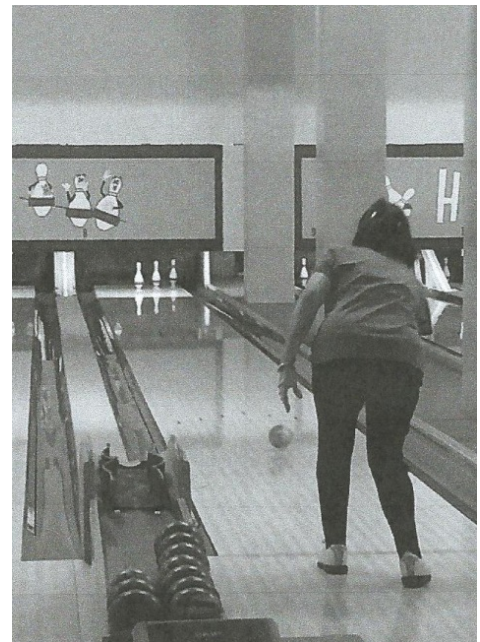
- W55+ Gold** – Andrea Gammock and Lorraine Goss
W65+ Gold – Cheiko Rehm and Jean Noble
M55+ Gold – Jim Wong and Andrey Chen
Silver- Harry Mah and Walter Wong
M65+ Gold – Allan Derbyshire and Bruce Mahon
Silver- Conrad Rumjahn and Kenny Siu
Bronze- Ken Parent and Tak Wong
M75+ Gold – Jack Glaser and Doug Kyle
Silver- Ali Khan and Gord Chapman
M80+ Gold - Forster Mah and Rex Lee



2015 Badminton

Bowling

- W55+ Gold** – Peggy Plathan
Silver- Chris Bobenic
Bronze- Debbie Stapleton
W65+ Gold – Florence Anderson
Silver- Lorraine Hanchar
Bronze- Beryl Delorme
W75+ Gold – Mary Martens
Silver- Dee Ann Clark
Bronze- Nettie Rupert
M55+ Gold – Keith Shaw
Silver- Dan Guglielmin
Bronze- Richard Starchuk
M65+ Gold – John Murphy
Silver- Rick Strong
Bronze- Dennis Heacock
M75+ Gold – Ivan Crerar
Silver- Wilf Kuss
Bronze- Larry Craig



2015 Bowling

- Teams 55+ Gold** – Remy Hipolito, Emvie Antonio, Rose Boulier, Rollie Cabalde
Silver- Lloyd Weis, Eileen Phillips, Rosemay Marshall, Bill Phillips
Teams 70+ Gold – Gary Rosling, Gerda Blainey, Gloria Spielman, Don Anderson
Silver- Eddie Cordillo, Anne Lynch, Gloria Becker, Ted Parker
Bronze- John Winfield, Gail Aker, Doris Winfield, Sid Aker

Duplicate Bridge

Gold – John and Ruth Gilchrist

Silver- Bob Wilson & Don Wilcox

Bronze- Maryli & Murray Haggins

Carpet Bowling

55+ Mixed Gold - Jim Leslie, Jim Dice, Enid Hayef, and Marion Gardner

Silver-Jack Hill, Shirley Costley, Donna Rignanesi and Ben Watkin

Bronze- Pauline Simpson, Arnold Klay, Lenora Schwab and Ken Marchuck

70+ Mixed Gold – Val Quellette, Earl Welton, June Mattheil and Mary Sheets

Silver- Cordella Schengler, Yvan Lariviere, Arne Jensen and Leona Mork

Bronze- Karl Barfridder, Myrtle Brewser, Judy Sansom and Barry Sansom



Darts

55+W Gold – Jan Hunter-Everett

Silver- Dianne Pearce

55+M Gold – Al Enevold

Silver- Don Everett

Bronze- Emvie Antonio

70+W Gold – Anna Jarmics

Silver- Rosie Armes

Bronze- Mary Martens

70+M Gold – Sid Aker

Silver- Jim Corner

Bronze- Roy Jarvis

Doubles Gold – Don and Jan Everett

Sliver- Roy Jarvis and Anna Jarmics

Bronze- Sid Aker and Rosie Armes



2015 Darts

Euchre

Gold – Barbara Shelvey and Ginger Hamelin

Silver- Jean Moskeluh and Marilyn Atchson

Bronze- Carol Northway and Tom Wilcox



2015 Euchre

Ice Curling

- 55+W Gold** – Skip: Susan Seitz, Jill Hodgins-Ukraineec, Barb McDonald, Jane Bleaney
Silver- Skip: Heather Kuntz, Zoria Rutherford, Janet Quiring, Sylvia Arthur
- 65+W Gold** – Skip: Yvonne McIvor, Maureen Mallett, Wendy Carson, Christy Murphy
Silver- Skip: Wendy McCulloch, May Deblo, Sheila Frank, Paula Leeham
- 55+M Gold** – Skip: Doug McIntyre, Bob Laycock, Doug Panchuk, Mickey Meraw
Silver- Skip: Larry Inaba, Brian Glendinning, Gary Mann, Glen Boraas
Bronze- Skip: John Maguire, Wayne Feil, Mel Pollock, Pierre Simard
- 65+M Gold** – Skip: Jim Strain, John McIntyre, Murray Seminuk, Don Cooper
Silver- Skip: Rod Butcher, Gerry Lamb, John Frank, Tom McCulloch
Bronze- Skip: Dan Guglielmin, Nestor Shuler, Dean Gillette, Tom Guppy
- Mixed Gold** – Skip: Frank Bailey, Marlene Graham, Grant Wilson, Carey Cameron
Silver- Skip: Rick Kuzmiski, Loma Bowie, Clare Bowie, Lynn Hartsburg
Bronze- Skip: Doug Campbell, Linda Wagner, Colin Gilbert, Marilyn Toews

Snooker

- 55+M Gold** – Bill Gunning
Silver- Gordon Sloan
- Bronze-** Allan Osaka
- 70+M Gold** – Ron Bellefeuille
Silver- Art Stotz
Bronze- Don Pierce

Table Shuffleboard

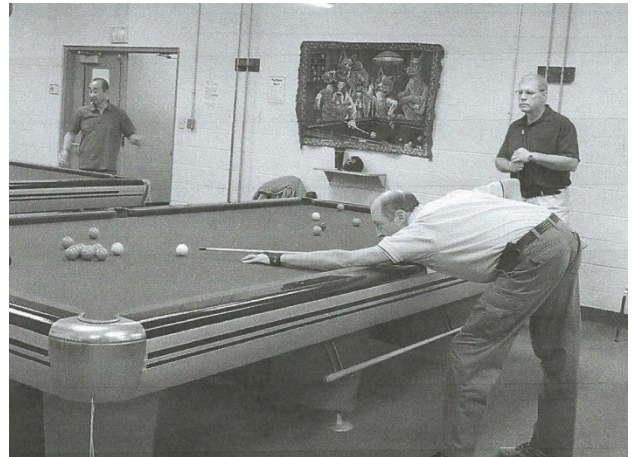
- 55+ Gold** – Al Enevold and Al Osaka
Silver- B.J. Smith and Barb Shelvey
Bronze- Ken Marchuk and Jack Hill
- 70+ Gold** – Leona Mork and Halvor Mork
Silver- Dan Cooper and Betty Simison
Bronze- Bill Alexander and Larry Culp

Cross-Country Skiing

- 55+W Gold** – Suzanne Euster
- 60+M Gold** - David Lawson
Silver- Helmet Kokemor
- 75+M Gold** – Rick Young
- 80+M Gold** - Dennis McIvor

Alpine Skiing

Results not available at time of Newsletter preparation.



2015 Snooker

CALGARY 55 Plus Summer Games Director: Dan Guglielmin

I was born in Trail, B.C. and came to Calgary in 1958 to further my education at SAIT and subsequently spent forty-two years in the oil and gas industry here in Calgary, retiring in 2002. I have been a community volunteer as a coach of youth softball and leader for Scouts Canada in our North Haven Community Association. I am an active member of the Calgary Winter Club where I have served on the Men's Curling committee and currently serve on the Diamond Bonspiel committee.

I have been an active member of Calgary 55 plus since 2005, participating in Bocce, Bowling, Floor Shuffleboard and Ice Curling. I have represented Calgary 55 plus (Zone 3) at the Provincial Games in three different events. My wife Donna and I have won gold medals in floor shuffleboard pairs in the Provincial Games and represented Alberta at the 2006, 2008 and 2012 Canada 55 Plus Games in Portage La Prairie, Manitoba, Dieppe, New Brunswick and Sidney, Nova Scotia.

I have served on the Board of Directors of Calgary 55 plus in various capacities since 2008, firstly as Event Coordinator for two years, Golf Coordinator for six years and President for four years. As President of Calgary 55 plus, I represented Zone 3 on the Alberta 55 Plus Board of Directors and spent one year as the Vice President South of the provincial body. I acted as the liaison between Alberta 55 Plus and the host committee for the Alberta Provincial Winter Games held in Calgary during February, 2013. I am currently Past President and acting Summer Activity Director for Calgary 55 plus.

For four years my wife Donna and I were responsible for publishing the Calgary 55 plus newsletter which our members received three times each year.

My experience with Calgary 55 plus has been very rewarding and allowed me to garner new friendships with both local and provincial people involved with the promotion of keeping seniors active and healthy.



Appreciating our Coordinators

Year after year, during the Calgary 55 plus Summer and Winter Games, every activity that is offered has a coordinator that looks after the details of that activity. We have benefitted from the time and attention they have given so that all members of Calgary 55 plus have the opportunity to participate in the Games. Many of these people have worked on our behalf for several years and deserve recognition and a vote of thanks for their time and effort. Below is the list of the Winter Fun Games Co-ordinators for the 2015/16 season.

<u>Coordinator</u>	<u>Activity</u>	<u>Coordinator</u>	<u>Activity</u>
Ken Parent	Badminton	Doug McIntyre	Ice Curling
Yvonne Armstrong	5 Pin Bowling	Lawence King	Snooker
John Gilchrist	Duplicate Bridge	M.J. MacLeod	Scrabble
Halvor Mork	Carpet Bowling	Betty Simison	Table Shuffleboard
Bobby Clark	Darts	Jack Delorme	Alpine Skiing
Analda Hamelin	Euchre		

Thank you to these coordinators, and to Acting Director Ray Corbiell, for your valuable contribution to the Calgary 55 plus organization.

MEMBERSHIP

Once again it is time to renew your Membership for 2016, remember if you are just renewing and have made no changes to your profile (address change, telephone number, partner, e-mail or activity) you do not have to fill in a Registration Form, however if you have had changes could you please advise me, this helps me keep our database current. All new members must fill in the Registration Form and sign the back.

We currently have 959 members, which is the most of all 8 Zones in Alberta, so keep your membership current by renewing as soon as you can, and we can continue to be the leader of the pack. The cost of the membership is \$30.00 and did you know that you can receive sport and liability insurance while in Alberta 55 plus or Calgary 55 plus events, or take advantage of home and auto insurance at reduced rates with Johnson Insurance. Also \$30.00 allows you to participant in 30 different events, even if you have never tried some events just come on out and give it a try. You may be surprised at what you can do.

Remember to bring your Membership Card with you to the events, helps speedup registrations.

You can reach me at 403-274-6720 or e-mail armstby@shaw.ca

Mailing address:	Yvonne Armstrong
Membership Director	Membership Director
507 Trafford Dr. NW	
Calgary AB	
T2K 2T2	

Changes are Coming

Beginning in 2016, there will be a number of changes to the Alberta 55 Plus Organization. One of these is that the Provincial Newsletter which the members have received twice a year will be reduced to one or two pages of general information. It won't include news from each zone like previous Provincial newsletters, and it will be available online. Zone 3 will continue to publish and send two newsletters each year, with information that pertains to our various zone activities.



Casino Dates

The dates for the next casino are June 29 & 30, 2016. We will need volunteers. If you are willing and able to help, please call Gertie Collins at (403) 273-3955.



Alberta 55 Plus AGM

All members of Calgary 55 plus are invited to attend the Annual General Meeting of Alberta 55 Plus, which will be held in Red Deer on May 2, 2016.

Zone 3 will provide a free bus ride up there and back for all members who are interested. There will be a lunch provided in Red Deer. The meeting starts at 10:00 am, we break for lunch, then finish the meeting.

If interested, please call Yvonne at 403-274-6720 or email armstby@shaw.ca.

Canada Games 2016

Information and application forms for Canada Games in Brampton, Ontario on August 16 to 19, 2016, are now available. **Alberta registration deadline is May 15, 2015.** The 23 Activities include: 8 Ball, Badminton, Contract Bridge, Duplicate Bridge, Cribbage, Euchre, 5-Pin Bowling, Floor Shuffleboard, Golf, Horseshoes, Mens hockey, Womens hockey, Lawn Bowling, Pickleball, Scrabble, Slo-pitch, Swimming, Table Tennis, Tennis, Track and Field, Carpet Bowling, Darts and Ice Curling.

Calgary 55 plus (Zone 3) Golf

Calgary (Zone 3) 18 Hole Golf Tournament

HeatherGlen Golf Course

Tuesday, June 7, 2016 - Tee-off 10:00 am.

Rain or Shine

Men's and Ladies Age Categories 55+, 65+, 75+

Low Gross OR Callaway Net Handicapping

COST: \$65 Includes 18 Holes of Golf, Power Cart and Lunch

Entry Limited To First 72 Golfers

**Must Be A Current Member Of Alberta 55 plus
(\$30 per year)**

Memberships Available Morning Before Golf

****THIS IS A MEDAL EVENT only as this is NOT an
Alberta 55 Plus Games Year****

More Information Call Dan Guglielmin 403-289-0352

.....(cut here).....

GOLF ENTRY FORM – Limited to First 72 Golfers

Deadline For Entries May 28th, 2016

NAME _____ Age _____ (at Dec 31, 2016)

ADDRESS _____

POSTAL CODE _____ PHONE _____

I will Play (Check one only) Low Gross { } Calaway Net { }

Fee Enclosed \$ _____

Please make cheque payable to "Calgary 55 plus"

**Mail to - Calgary 55 plus Golf
4808 Nordegg Cres NW, Calgary, Alberta, T2K 2M5**

****PLEASE ENCLOSE A STAMPED SELF ADDRESSED ENVELOPE****