

Zone 3 News

Calgary 55 plus Games Association

Fall 2015



Provincial Games shot put champion and record setter, Al Vessey (right)

Zone 3 Games team wins again

Zone 3 is making a habit of taking home championship trophies from the Provincial Games. First it was Lethbridge in February and now Strathmore in July. Our guys and gals know how to get it done.

Story and pix on page 3.

16 different activities contested

Summer Games playoffs attracted hundreds

They came; they saw; they conquered — in Athletics, Bocce, Contract Bridge, Cribbage, Cycling, Floor Curling, Floor Shuffleboard, Golf, Horseshoes, Military Whist, Pickleball, 8-ball Pool, Swimming, Tennis, Arts and Crafts and Creative Writing.

For the better part of three months, Calgary 55 plus Games Association members exercised brains and bodies as they prepared for the 2015 Provincial Games in Strathmore. Read all about it.

Summer playoffs results and pictures start on page 4.



What's Inside?

page 7

New Faces - meet your new Board members.

page 8

Arts & Crafts, Creative Writing medalists honored.

insert

Schedule for the Zone 3 Winter Fun Games



President's Message

Greetings everyone! It is time for our semi-annual Newsletter and to bring everyone up to date of what has happened and will happen since our last letter. We had our Summer Provincial Games Trials in May and June led by Dan Guglielmin and Lawrence King, to pick our team for the Provincial Games in Strathmore in July 2015. (See page 4 for our Trials results.)

In the Provincial Games, our team topped all Zones. (You'll find a recap of our Strathmore results on page 3 opposite.) Everyone seemed to enjoy themselves even though the outdoor activities were cancelled Friday the first day of the Games, due to a monsoon-like rain storm. We participated Saturday and then Sunday so we were able to get most of the activities done.

Now it is fall and we look forward to the Winter Fun Games in November and December. There is no pressure here to make a Team, so everyone comes out and enjoys themselves in the 12 Games activities – Badminton, 5-pin Bowling, Duplicate Bridge, Carpet Bowling, Darts, Euchre, Ice Curling, Snooker, Scrabble, Table Shuffleboard, Alpine Skiing, Cross-country Skiing.

Although there is no Provincial Winter Games competition this year, we still give medals for these Fun Games to keep it competitive. The Winter Fun Games schedule is included as an insert with this newsletter.

This is it for now, and I hope to see you at the 2015 Winter Fun Games! 🍁

Doug Kyle, President

True enjoyment comes from activity of the mind and exercise of the body; the two are ever united.

Wilhelm von Humboldt

Board of Directors

President, Activity Director <i>(Winter)</i>	Doug Kyle 403-255-7932
Vice President	Ken Park 403-244-6809
Past President, Activity Director <i>(Summer)</i>	Dan Guglielmin 403-289-0352
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Ass't Activity Director <i>(Summer)</i>	Lawrence King 403-271-0545
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<i>At Large</i>	Rick Strong 403-281-3867
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City Rep	Jennifer Duggan 403-268-1367

NOTE: We need a Publicity Director. If you're interested, please call a member of the Board (phone numbers listed above.)

*Zone 3 News is published twice yearly for
Calgary 55 plus Games Association members.*

Strathmore Games recap

2015 is Calgary's year - again. We're two for two

Doug Kyle, Zone 3 President

Calgary does it again for the second Summer Games in a row. We won the 2015 Provincial Team Award at the 55+ Summer Games by winning the most medals after winning the same award in 2013.

This year, at the Games in Strathmore, we won 126 medals, gold, silver and bronze, which counted towards the trophy. Since team sports only count as one, our athletes actually took home 161 medals. This was accomplished by 97 athletes.

We were very strong in Track & Field

and Swimming, but the other activities also did very well. There were only three activities we did not get medals in, out of 16 activities.

There were more than 1100 participants at Strathmore for the 4 day event in mid-July. These represented eight zones from all over Alberta. The chart below shows how they did by medal count.

Calgary (Zone 3)	126
St. Albert area (Zone 5)	97
Red Deer area (Zone 4)	95

Edmonton (Zone 6)	92
Drumheller area (Zone 2)	81
Grande Prairie area (Zone 8)	64
Lethbridge area (Zone 1)	62
St. Paul area (Zone 7)	41

The full list of Zone 3 individual medal winners at the Alberta 55 Plus Summer Games in Strathmore will be in the upcoming Alberta 55 Plus Newsletter and is on the Alberta 55 Plus website. You'll find all the results at:

<https://albertagames.rampinteractive.com/public/results.aspx> 🏆



Games photographers have posted more than 4600 photos on-line, capturing all the action at Strathmore. To see them, go to:

<https://www.flickr.com/photos/2015strathmoregames/albums>

Summer Playoffs participants number almost 500

by Dan Guglielmin, Summer Activities Director

Zone 3 had 495 members participating in the 15 different summer activities held this year between April 9th and June 14th.

There were 184 positions available from each zone to advance to the Provincial Summer Games in Strathmore and we

had 166 members register for those Games. In addition, we also qualified 18 members in the Arts and Crafts and Creative Writing categories.

Photos of the Playoffs are available online at Calgary55plus.com. Click on "Gallery", then follow the links to our

Flickr page to see or download photos of the different events.

A large appreciation and thank you goes out to all the Activity Coordinators who put in countless hours organizing and running the various playoffs. 🐾

Here are your medalists...

ATHLETICS

M55+ Geno Yuen - 3 **Gold**
Dave Brown - 1 **Silver**
David Guss - 3 **Gold**, 1 **Silver**
Dave Baum - 1 **Gold**
W55+ Susan Lauridsen - 5 **Gold**
Debbie Kotlewski - 1 **Gold**, 2 **Silver**
M60+ Rob McKinnon - 4 **Gold**
Al Vessey - 2 **Gold**, 2 **Silver**
W60+ Anne Livesy-Husak - 4 **Gold**
Anna Baretto - 2 **Silver**
M65+ Joe Elder - 5 **Gold**
Brian Cochrane - 1 **Gold**
Don Margach - 1 **Gold**, 2 **Silver**
Roy Thomson - 2 **Bronze**
W65+ Maurie Martin - 3 **Gold**
Chieko Rehm - 2 **Silver**
M70+ Brian Hill - 6 **Gold**
Alfred Andriamahady - 1 **Gold**
Ken Park - 1 **Silver**
W70+ Patricia Kingsep - 2 **Gold**
M75+ Ray Colliver - 4 **Gold**
Roy Jarvis - 4 **Gold**
M80+ Gerald Graham - 4 **Gold**
Roger Davies - 2 **Gold**
W80+ Nessie Hollicky - 2 **Gold**, 1 **Silver**
Helly Visser - 2 **Gold**
Predicted Walk Gold - Doug Kyle, Linda Elder

BOCCE

Open Team 55+
Gold - Doug & Carol Kyle, Keith & Marilyn Shaw
Silver - Analda & Ginger Hamelin, Barbara & Brenda Shelvey
Bronze - Gerda Blaney, Richard Starchuk, Ray Armstrong, Betty Markle



Open Team 70+

Gold - Ema Dreger, Bob Craswell, Gloria & Larry Culp
Silver - Beryl & Jack DeLorme, Florence & Don Anderson
Bronze - Mary Boser, Rose Peters, Yvonne & Bob Armstrong

CONTRACT BRIDGE

Open Pairs

Gold - Al Kreutz and Doreen Moore
Silver - Lorraine Hanchar and Florence Wohlers
Bronze - Jack Hill and Lyle Singar

CRIBBAGE

Singles 55+

Gold - Brenda Smith

Silver - Doreen Moore

Bronze - Joe Elder

Singles 70+

Gold - Gertie Collins

Silver - Mary Boser

Bronze - Velma Ssornberger

Doubles 55+

Gold - Debbie Stapleton & Gary Rosling

Silver - Jeanette and Len Smallenburg

Bronze - Doreen Moore & Al Kreutz

Doubles 70+

Gold - Ilene Miller & Ruth Beecher

Silver - Pauline Simpson & Lenora Schwab

Bronze - Darlene Gallagher & Jack Younker

CYCLING

10 km

W55+ Gold - Suzanne Eugster

Silver - Anka Currie

Bronze - Susan Chadwick

W65+ Gold - Wendy Carson

M55+ Gold - Paul Robinson

Silver - Stephen Robinson

Bronze - David Asselin

M65+ Gold - Merv Matson

Silver - Bill Stilwell

Bronze - Vic Pastor

M75+ Gold - Danny Cronin

Silver - Tony Page

10km Predicted Gold - Bertha Ann Fisher, Ken Park

FLOOR CURLING

Open 55+ Gold - Halvor & Leona Mork, Arne Jensen, Cordella Schwengler

Silver - Roy Jarvis, Anna Jarmics, Gary Rosling, Gloria Spielman

Open 70+ Gold - Pauline Simpson, Yvonne Armstrong, Lenora Schwab, Rose Peters

Silver - Jack Hill, Shirley Costley, Marielle Galibois, Donna Rignanesi

FLOOR SHUFFLEBOARD

Pairs 55+ Gold - Ram Achal & Lloyd Weis

Silver - Bob & Yvonne Armstrong

Bronze - Bobby & Lily Chan

Pairs 70+ Gold - Rosemary Marshall & Gary Rosling

Silver - Gloria Spielman & Rose Peters

Bronze - Erna Dreger & Bob Craswell

GOLF

W55+

Low Gross Gold - Peggy Plathan

Callaway Net - Gold - Karen Kernaghan

Silver - Linda Nickolychuk



W65+

Callaway Net - Gold - Rozanne Lawn

Silver - Wendy Carson

Bronze - Yvonne McIvor

W75+

Low Gross Gold - Carol Kyle

Callaway Net Gold - Marielle Galbois

Silver - Mary Martens

Bronze - Beryl DeLorme

M55+

Callaway Net Gold - Dick Karperien

Silver - Reid Harbour

Bronze - Rick Starchuk

M65+

Low Gross - Gold - Al Enewold

Silver - Ken Parent

Bronze - Howard Nakamura

Callaway Net - Gold - Wayne Tedder

Silver - Rene Thibault

Bronze - Murray Seminuk

M75+

Low Gross Gold - Bill Clark

Silver - Ewan Ferrier

Bronze - Tony Page

.Callaway Net Gold - Ram Achal
Silver - Len Christensen
Bronze - Larry Craig

HORSEHOES

A Gold - Egon Sandau
B Gold - John Winfield
Silver - Ivan Crerar
C Gold - Doris Winfield-O'Malley
Silver - Sydney Aker
Bronze - Al Peers
D Gold - Keith Shaw
Silver - Al Enevold
Bronze - Pieter Miema

MILITARY WHIST

Open Team of 4

Gold - Hilary Moxie, Doreen Moore, Ilene Miller,
 Florence Wohler,
Silver - Jack Hill, Shirley Costley, Al Kreutz, Jean Thomas
Bronze - Pauline Simpson, Lenora Schwab, Gary Rosling,
 Keith Shaw

PICKLEBALL

55+ Mixed Doubles

Gold - Sue Ellis, Kerry Hawthorne
Silver - Janice & Phil Menard
Bronze - Lucy Coffee, Steve Truch

65+ Mixed Doubles

Gold - Ron Dumbarton, Lucy Wong
Silver - Gerda Timm, Orville Wong
Bronze - Don Teed, Barb Slewson

W55+ Doubles

Gold - Sue Ellis, Lucy Coffee
Silver - Janice Menard, Cheryl Ego
Bronze - Diana Blut, Diane Abrahamson

M 55+ Doubles

Gold - Steve Truch, Phil Menard

W65+ Doubles

Gold - Doris Evans, Barb Slewson
Silver - Gerda Timm, Bev Wong

M65+ Doubles

Gold - Ron Dumbarton, Gerry Collard
Silver - Orville Wong, Joseph Lee
Bronze - Don Teed, Don Pauli

POOL - 8 BALL

W 55+ Gold - Deb Walton
Silver - Wendy Bond
Bronze - Doris O'Malley-Winfield
M55+ Gold - Richard Starchuk
Silver - Andy Klap
Bronze - Bill Gunning



M70+ Gold - Art Stotz
Silver - Don Pierce
Bronze - Dennis Heacock

SWIMMING

W55+ Andrea Gammock - 4 **Gold**
 Debbie Kotlewski - 1 **Gold**, 2 **Silver**

M55+ Hobe Horton - 3 **Gold**
 John Slotfstra - 1 **Gold**, 1 **Silver**

W60+ Lana Patterson - 4 **Gold**

M60+ Gabor Zinner - 4 **Gold**
 Steve Lawrence - 2 **Silver**

W65+ Lily Chan - 1 **Gold**
 Susanne Costachuk - 3 **Gold**

M65+ Keith Shaw - 4 **Gold**

W70+ Marilyn Shaw - 3 **Gold**

M70+ Ivan Pivovarov - 4 **Gold**
 Neil Topping - 1 **Gold**, 2 **Silver**

W75+ Pat Hlady - 3 **Gold**

M75+ Richard Bascom - 1 **Gold**, 2 **Silver**
 Ray Colliver - 2 **Gold**, 1 **Silver**

M 400m Predicted

Gold - Steve Lawrence

Silver - Richard Bascom

Bronze - Larry Brunner

TENNIS

W 55+

Gold - Kerry MacPherson, Brenda Ringdahl

Silver - Debbie Pyecroft, Carolyn Rubin

Bronze - Dianna Wreford, Kathy Nunn

W 70+

Gold - De-Anne Clark, Rosel Fehresu

M55+

Gold - Don Herman, Gary Walin

Silver - David Black, Ken Gaida

M70+

Gold - Fouad Aziz, Richard Martin,

Silver - Brian Turner, Tom Matthews

Bronze - Dave Hagopian, Paul Duteau 🏆

Want to see more Summer Playoffs photos? Go to the Gallery on our
 website at www.calgary55plus.com/gallery.
 Or to www.flickr.com/photos/calgary55plus/sets

Welcome new Board members!

Ken Park has become our new Vice-President. He was originally from Toronto, but moved to the U.S. and lived for five years in San Francisco, Los Angeles and Boston. Being an avid down-hill and cross country skier, Ken decided he would like to go to the Rocky Mountains. After considering Denver or Calgary he decided on Calgary and has lived (and skied) here since 1974. Ken won medals in cross-country skiing in the 2009 and 2013 Alberta 55 plus Winter Games. In addition to skiing Ken likes long distance running. He ran his first marathon of 42.2 km at the age of 70 and plans to do this every 5 years (he says tongue-in-cheek). Ken is a real estate agent with Realty Executives.



Judy Gabert is our new Director of Medals. She was born and raised in Edmonton. Husband Dennis transferred to Calgary in 1972. She enjoys quilting, photography, golfing, curling, volunteering for the Veterans Food Bank and Community Kitchen and sewing hats for cancer patients. She says she became a Board Member after seeing how much fun people were having at the golfing and curling tryouts as well as speaking with fellow Board Members. Judy is looking forward to taking part as well as doing other activities and meeting more people.



Ram Achal is our new Zone 3 Treasurer. An Alberta land surveyor (retired). Born in Fiji. Educated in Fiji and England. Qualified as a land surveyor in England. Practiced in England, British Virgin Islands, Fiji and Alberta. Emigrated to Canada (Calgary) in 1981 and has resided in Calgary since. Volunteer service with JCI (Jaycees) in Fiji leading to membership of JCI Senate. Involvement with various community organizations in Calgary including the Scouts. Long-term interest in outdoors and sports. Currently mainly involved in Golf, 5-pin Bowling, Floor Shuffleboard, and Bocce. 🍀



In Memorium — Ron McCurdy

Ron McCurdy passed away on August 1st, 2015. Ron was our Zone 3 board treasurer for three years but resigned due to health concerns in 2014.

We wish to extend our deepest sympathy to Ron's family.



Third Annual Fun Day

When? Saturday, October, 17, 2015 from 10:00 a.m. to 3:00 p.m.

Where? Greater Forest Lawn 55 Plus Centre, 3425-26 Ave. SE. Open to all Calgary 55 plus Games Association members and any eligible friends who want to take this opportunity to try out some of the activities that are included in the Calgary 55 plus Summer and Winter Games. Learn how some of the games are played and the rules for participating. Bring a friend or two who would like to try some games and see what our Calgary 55 plus Games organization is all about. Great way to spend a day! Please Call **John Gilchrist at 403-279-8924** by Oct. 10 to register.

Free to all participants and includes a free lunch.

Casino coming up!

Zone 3 is hosting a casino to raise funds for the Alberta 55 plus Games Association in the second quarter in 2016. A definite date will be published in November. We will be looking for volunteers for this event. If you are willing and able to help out please contact

Gertie Collins at 403 273 3955.

Thank you!

Volunteer lunch, Oct. 24

If you have been a volunteer for the Calgary 55 plus organization in the last year, you'll be getting an invitation by phone to the Volunteer Appreciation Luncheon which will be held at the **Forest Lawn Legion**, 755- 40 St. S.E. at 11:00 a.m. on Sat. Oct. 24.

Creative Writing, Arts and Craft Report

Carolyn Alway – Zone 3 Coordinator

Middle of May, 2015 all Creative Writing Entries were collected and delivered to the “Writer in Residence” at the U. of C. for judging. On June 1, 2015 our Zone sent a total of ten entries out to the Strathmore Games Creative Director for judging. We received one Silver Medal, won by Linda Elder..

On June 13, 2015 the Arts and Crafts competition for the Zone was held with only eleven people participating. A total of fifty items was then delivered to Strathmore on July 2, 2015 for judging in the Provincial Games. Even though our Zone had fewer entrants than other Zones, we still picked up eight medals.

As the Provincial Games does not allow for any medal presentations at the Games for Creative Writing and Arts and Crafts, our Zone hosted an Awards night and dinner for these entrants and their guests. This was held on the evening of July 23, 2015. All of the items entered and the medals won



Arts & Crafts, Creative Writing participants and medalists (L to R): Beryl DeLorme, Bertha Fisher, Berthe Richards, Sharon Sheeler, Carolyn Alway, Linda Elder, Verla Boyle and Christine Poole.

were put on display. Everyone enjoyed a hot turkey and ham buffet dinner and after dinner they were entertained as the Creative Writing entrants present read their poem or story.

The best was saved for last and Linda Elder who received a Silver Medal for her Non-Fiction – Humorous Story had every one laughing so hard they had tears in their eyes. The Arts and Crafts winners were presented with their medals and the evening concluded with a group picture being taken of all the medal winners. 🐾

Have you forgotten to purchase your 2015 membership?

IF SO

Remember: if you have filled in a previous Registration Form and signed it, there is no need to fill in another. Just mail your cheque to me and I will gladly send you a new Membership Card.

Let's do this before the winter activities start. Also remember that if you keep your Membership continuous you may or may not get a subsidy to the next provincial games.

We currently have 915 members in the database, broken out as follows:

13	Life Time Members
661	2015 paid Members
241	2014 nonpaid Members for 2015.

As you know, it is important that we keep the database up to date, so please let me know if you make any changes to your profile.

I want to congratulate all the winners in the Summer Games at Strathmore. Job well done! But I was disappointed in the Zone 3 turn out at the opening ceremonies; we certainly had the lowest showing. I know it was cold, rainy and windy but what the heck, if I could handle it so could many others.

Since this is our last Newsletter for 2015
**HAPPY HALLOWEN TO ALL THE
OLD WITCHES, GHOSTS AND
GOBLINS.** 🐾

Yvonne Armstrong – Membership Director
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